Cordia sinensis Lam.

Identifiants : 9329/corsin

Association du Potager de mes/nos Rêves (https://lepotager-demesreves.fr)
Fiche réalisée par Patrick Le Ménahèze
Dernière modification le 08/05/2024

- ***Classification phylogénétique :***
  - ***Clade : Angiospermes ;***
  - ***Clade : Dicotylédones vraies ;***
  - ***Clade : Astéridées ;***
  - ***Clade : Euastéridées ;***
  - ***Ordre : Boraginales ;***
  - ***Famille : Boraginaceae ;***
- ***Classification/taxinomie traditionnelle :***
  - ***Règne : Plantae ;***
  - ***Division : Magnoliophyta ;***
  - ***Classe : Magnoliopsida ;***
  - ***Ordre : Lamiales ;***
  - ***Famille : Boraginaceae ;***
  - ***Genre : Cordia ;***
- ***Synonymes : Cordia gharaf Ehrenb, Cordia rothii Roemer & J. A. Schultes, Cornus gharaf Forssk, et d'autres ;***
- ***Nom(s) anglais, local(aux) et/ou international(aux) : Grey-leaved saucer-berry, Grey leafed cordia, , Adome, Andarab, Cambununo, Chinnabotuka, Duva, Edume, Gondani, Gondi, Gondna, Gondri, Gunda, Gundani, Gundi, Habusum ngheghi, Harores, Izera, Kirichalle, Laghushleshmataka, Lasoodi, Leedii, Ledo, Maded, Madehr, Mader, Madera, Maderra, Maderta, Madheedh, Mafheera raphachoo, Mared, Mareer, Marer, Mdawi, Mdelela, Mkamasi, Mnya, Muthee, Narrow-leaved sepistan, Naruvili, Ndea, Ol-dorko, Ol-durgo, Ol-olfot, Sellai, Shengolochi, Thanat, Thanut, Turu ;***

- ***Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :***

  Parties comestibles : fruit, racine, gomme, feuilles{{{0(+x) (traduction automatique)} | Original : Fruit, Root, Gum, Leaves{{{0(+x)} Le fruit est consommé vert comme légume ou mariné. Ils sont doux et collants. La peau est enlevée et les graines ne sont pas consommées. Ils sont ajoutés à la bouillie au lieu du sucre. Les racines sont consommées crues. La gomme claire de l'arbre est comestible. Le fruit mûr est consommé cru. Les fruits sont fermentés en bière

  Partie testée : fruit{{{0(+x) (traduction automatique)}
  Original : Fruit{{{0(+x)}

Taux d'humidité	*Énergie (kj)*	*Énergie (kcal)*	*Protéines (g)*	*Pro-vitamines A (µg)*	*Vitamines C (mg)*	*Fer (mg)*	*Zinc (mg)*
8.8	*2015*	*0*	*16.6*	*0*	*0*	*0*	*0*

néant, inconnus ou indéterminés.

- ***Illustration(s) (photographie(s) et/ou dessin(s)):***

- ***Liens, sources et/ou références :***

dont classification :

dont livres et bases de données : [0]"Food Plants International" (en anglais) ;

dont biographie/références de [0]"FOOD PLANTS INTERNATIONAL" :

Abbiw, D.K., 1990, Useful Plants of Ghana. West African uses of wild and cultivated plants. Intermediate Technology Publications and the Royal Botanic Gardens, Kew. p 46 (As Cordia rothii) ; Addis, G., Asfaw, Z & Woldu, Z., 2013, Ethnobotany of Wild and Semi-wild Edible Plants of Konso Ethnic Community, South Ethiopia. Ethnobotany Research and Applications. 11:121-141 ; Addis, G., et al, 2013, The Role of Wild and Semi-wild Edible Plants in Household Food Sovereignty in Hamer and Konso Communities, South Ethiopia. Ethnobotany Research & Applications. 11:251-271 ; Alfarhan, A. H., 2005, Flora of Jizan Region. AR 17-7. King Abdulaziz City for Science and Technology (KACST). p 331 ; Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 140 (As Cordia rothii) ; Arora, R. K., 2014, Diversity in Underutilized Plant Species - An Asia-Pacific Perspective. 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