

Barringtonia acutangula (L.) Gaertn.

Identifiants : 4215/baracu

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 04/05/2024

- **Classification phylogénétique :**

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Astéridées ;
- Ordre : Ericales ;
- Famille : Lecythidaceae ;

- **Classification/taxinomie traditionnelle :**

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Lecythidales ;
- Famille : Lecythidaceae ;
- Genre : Barringtonia ;

- **Synonymes :** *Barringtonia alba* Kostel. invalid, *Barringtonia rubra* Baill. ex Laness. [Illegitimate], *Butonica acutangula* Lam, *Caryophyllus acutangula* (L.) Stokes, *Eugenia acutangula* L., *Huttum acutangulum* (L.) Britten, *Michelia acutangula* (L.) Kuntze, *Stravadium acutangulum* (L.) Miers, *Stravodium acutangulum* (L.) Sweet ;

- **Nom(s) anglais, local(aux) et/ou international(aux) :** Indian oak, Red Barringtonia, Barrenka, Chiec, Chik na, Chik num, Freshwater Mangrove, Hijal, Himbabalod, Hole kauva, Ingat, Ipi, Itchy Tree, Jiig, Kadapa, Kadon naam, Kandu almond, Kyi. Kyi-ni, Lik vung, Loc vung, Mai chik, Pak kradon nam, Pangpanik, Phak kadon naam, Piwar, Poetat, Pooy-sai, Putat lembik, Putat nasi, Putat tayap, Putat, Raing toek, Reang toek, Stream Barringtonia, Ye-kyi ;



- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :**

Parties comestibles : feuilles^{{}{{(0+X)} (traduction automatique)}} | Original : Leaves^{{}{{(0+X)}}} ATTENTION: Les graines sont toxiques. Les jeunes pousses sont consommées en salade avec de la sauce de poisson. Les jeunes fleurs sont également consommées

**Partie testée : feuilles^{{}{{(0+X)} (traduction automatique)}}
Original : Leaves^{{}{{(0+X)}}}**

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
86.8	176	42	2.2	0	0	2.7	0



cf. consommation

- **Illustration(s) (photographie(s) et/ou dessin(s)):**

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données :⁰"Food Plants International" (en anglais) ;

dont biographie/références de⁰"FOOD PLANTS INTERNATIONAL" :

Ambasta S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 68 ; **Barwick, M., 2004, Tropical and Subtropical Trees. A Worldwide Encyclopedic Guide.** Thames and Hudson p 44 ; **Bodkin, F., 1991, Encyclopedia Botanica.** Cornstalk publishing, p 133 ; **Cengel, D. J. & Dany, C., (Eds), 2016, Integrating Forest Biodiversity Resource Management and Sustainable Community Livelihood Development in the Preah Vihear Protected Forest.** International Tropical Timber Organization p 110 ; **Cooper, W. and Cooper, W., 2004, Fruits of the Australian Tropical Rainforest.** Nokomis Editions, Victoria, Australia. p 266 ; **Cronin, L., 1989, The Concise Australian Flora.** Reed. p 156 ; **Cruz-Garcia, G. S., & Price, L. L., 2011, Ethnobotanical investigation of 'wild' food plants used by rice farmers in Kalasin, Northeast Thailand.** Journal of Ethnobiology and Ethnomedicine 7:33 ; **Dobriyal, M. J. R. & Dobriyal, R., 2014, Non Wood Forest Produce an Option for Ethnic Food and Nutritional Security in India.** Int. J. of Usuf. Mngt. 15(1):17-37 ; **Eiadthong, W., et al, 2010, Management of the Emerald Triangle Protected Forests Complex.** Botanical Consultant Technical Report. p 23 ; **Elliot, W.R., & Jones, D.L., 1982, Encyclopedia of Australian Plants suitable for cultivation.** Vol 2. Lothian. p 306 ; **Engel, D.H., & Phummai, S., 2000, A Field Guide to Tropical Plants of Asia.** Timber Press. p 73 ; **Etherington, K., & Imwold, D., (Eds), 2001, Botanica's Trees & Shrubs.** The illustrated A-Z of over 8500 trees and shrubs. Random House, Australia. p 119 ; **Flora of Australia, Volume 8, Lecythidales to Batales,** Australian Government Publishing Service, Canberra (1982) p 6 ; **Flora of Pakistan.** www.eFloras.org ; **Food Composition Tables for use in East Asia FAO** <http://www.fao.org/infooods/directory> No. 390 ; **Forest Inventory and Planning Institute, 1996, Vietnam Forest Trees.** Agriculture Publishing House p 411 ; **Fruct. sem. pl. 2:97, t. 101. 1790** ; **Gardner, S., et al, 2000, A Field Guide to Forest Trees of Northern Thailand,** Kobfai Publishing Project. p 200 ; **Hearne, D.A., & Rance, S.J., 1975, Trees for Darwin and Northern Australia.** AGPS, Canberra p 30 ; **Heywood, V.H., Brummitt, R.K., Culham, A., and Seberg, O. 2007, Flowering Plant Families of the World.** Royal Botanical Gardens, Kew. p 185 ; **Japanese International Research Centre for Agricultural Science** www.jircas.affrc.go.jp/project/value_addition/Vegetables ; **Kachenchart, B., et al, 2008, Phenology of Edible Plants at Sakaerat Forest.** In Proceedings of the FORTROP II: Tropical Forestry Change in a Changing World. Bangkok, Thailand. ; **Khumgratok, S., Edible Plants in Cultural Forests of Northeastern Thailand.** Mahasarakham University Thailand. ; **Krishen P., 2006, Trees of Delhi, A Field Guide.** DK Books. p 144 ; **Lazarides, M. & Hince, B., 1993, Handbook of Economic Plants of Australia,** CSIRO. p 31 ; **Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics.** Antillian College Press, Mayaguez, Puerto Rico. p 197 ; **Nakahara, K. et al, 2002, Antimutagenicity of Some Edible Thai Plants, and a Biocative Carbazole Alkaloid, Mahanine, Isolated from Micromelum minutum.** Journal of Agricultural and Food Chemistry. 50: 4796-4892 ; **Nicholson, N & H., 2000, Australian Rainforest Plants,** V. Terania Rainforest Publishing. NSW.p 13 ; **Paczkowska, G. & Chapman, A.R., 2000, The Western Australian Flora. A Descriptive Catalogue.** Western Australian Herbarium. p 278 ; **Petheram, R. J. and Kok, B., 2003, Plants of the Kimberley Region of Western Australia.** UWA Press p 379 ; **Phon, P., 2000, Plants used in Cambodia.** © Pauline Dy Phon, Phnom Penh, Cambodia. p 88 ; **Radke, P & A, Sankowsky, G & N., 1993, Growing Australian Tropical Plants.** Frith & Frith, Australia. p 21 ; **Reddy, K. N. et al, 2007, Traditional knowledge on wild food plants in Andhra Pradesh.** Indian Journal of Traditional Knowledge. Vol. 6(1): 223-229 ; **Srichaiwong, P., et al, 2014, A Study of the Biodiversity of Natural Food Production to Support Community Upstream of Chi Basin, Thailand.** Asian Social Science 10 (2): ; **Suksri, S., et al, 2005, Ethnobotany in Bung Khong Long Non-Hunting Area, Northeast Thailand.** Kasetsart J., (Nat. Sci) 39: 519-533 ; **Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia.** LIPI p 148 ; **Swaminathan, M.S., and Kochnar, S.L., 2007, An Atlas of major Flowering Trees in India.** Macmillan. p 286 ; **Tanaka, Y & Van Ke, N., 2007, Edible Wild Plants of Vietnam.** Orchid Press. p 88 ; **Thitiprasert, W., et al, 2007, Country report on the State of Plant Genetic Resources for Food and Agriculture in Thailand (1997-2004).** FAO p 95 ; **Thoa P. T. K., et al, 2013, Biodiversity indices and utilization of edible wild plants: a case study of the Cham Island in Quang Nam Province, Vietnam.** Journal of Research in Environmental Science and Toxicology 2(9) :167-174 ; **Townsend, K., 1994, Across the Top. Gardening with Australian Plants in the tropics.** Society for Growing Australian Plants, Townsville Branch Inc. p 97 ; **Turreira Garcia, N., et al, 2017, Ethnobotanical knowledge of the Kuy and Khmer people in Prey Lang, Cambodia.** Cambodian Journal of Natural History 2017 (1): 76-101 ; **Wheeler, J.R.(ed.), 1992, Flora of the Kimberley Region.** CALM, Western Australian Herbarium, p 235 ; www.frim.gov.my