

Ziziphus rugosa Lam.

Identifiants : 41433/zizrug

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 04/05/2024

- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Rosidées ;
- Clade : Fabidées ;
- Ordre : Rosales ;
- Famille : Rhamnaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Rhamnales ;
- Famille : Rhamnaceae ;
- Genre : Ziziphus ;

- Synonymes : Ziziphus glabra Roxb, Ziziphus latifolia Roxb, Ziziphus xylopyrus (Retz.) Willd ;

- Nom(s) anglais, local(aux) et/ou international(aux) : , Anneri, Bata bakuri, Bayer, Bili soori hannu, Bon bogori, Bonbokuri, Churan, Churna, Dawanra, Dumakpul, Dung-soh-lang-khrihad, Elachi, Gamarai, Ghatbor, Kattilandai, Kattilanthai, Kottai, Kottaipazham, Mak-kok, Myauk-zi, Malantutali, Pinduparighamu, Poran, Sammankaw, Sekra, Simu koli, Taw-zi, Thodali, Tinkoli, Todali, Toran, Yumrang bogori, Zi-ganauk, Zi-talaing ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : fruit^{{{0(+x)}} (traduction automatique)} | Original : Fruit^{{{0(+x)}}} La pulpe farineuse du fruit mûr est consommée crue. Ils sont également utilisés pour les currys

Partie testée : fruit^{{{0(+x)}} (traduction automatique)}
Original : Fruit^{{{0(+x)}}}

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
	0	0	0	0	35.0	23.9	3.7



néant, inconnus ou indéterminés.

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

Ajesh, T. P., et al, 2012, Ethnobotanical Documentation of Wild Edible Fruits used by Muthuvan Tribes of Idukki, Kerala-India. *International Journal of Pharma and Bio Sciences* 3(3): 479-487 ; Altschul, S.V.R., 1973, *Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria*. Harvard Univ. Press. Massachusetts. no. 2620 ; Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 704 ; Burkill, I.H., 1966, *A Dictionary of the Economic Products of the Malay Peninsula*. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 2347 (As Zizyphus xylopyrus) ; Dangol, D. R. et al, 2017, *Wild Edible Plants in Nepal*. Proceedings of 2nd National Workshop on CUAOGR, 2017. ; Datar, M. N. & Upadhye, A. S., 2016, *Forest foods of northern region of Western Ghats*. MACS - Agharkar Research Institute, Pune. Pp 1-160. ISBN: 978-93-85735-10-3 p 103 ; Dobriyal, M. J. R. & Dobriyal, R., 2014, *Non Wood Forest Produce an Option for Ethnic Food and Nutritional Security in India*. *Int. J. of Usuf. Mngt.* 15(1):17-37 ; J. B. A. P. M. de Lamarck & L. A. J. Desrousseaux, *Encycl.* 3:319. 1789 ; *Ethnobotany of Karbis*. Chapter 4 in p 106 ; *Flora of Pakistan*. www.eFloras.org ; Gardner, S., et al, 2000, *A Field Guide to Forest Trees of Northern Thailand*, Kobfai Publishing Project. p 130 ; Harisha, R. 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