

Vigna lanceolata Benth.

Identifiants : 40608/viglan

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 28/04/2024

- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Rosidées ;
- Clade : Fabidées ;
- Ordre : Fabales ;
- Famille : Fabaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Fabales ;
- Famille : Fabaceae ;
- Genre : Vigna ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Bush potato, Pencil yam, Maloga bean, , Arlatyey, Barddjubarr, Limbuk, Gingin, Maloga Vigna, Mili ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : racine, gousses^{{{0(+x)}} (traduction automatique)} | Original : Root, Pods^{{{0(+x)}}} Le tubercule est pelé, cuit et mangé

Partie testée : racine^{{{0(+x)}} (traduction automatique)}

Original : Root^{{{0(+x)}}}

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
78.6	295	71	2.3	0	1	15.4	0.6



néant, inconnus ou indéterminés.

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

Bindon, P., 1996, Useful Bush Plants. Western Australian Museum. p 262 ; Cherikoff V. & Isaacs, J., The Bush Food Handbook. How to gather, grow, process and cook Australian Wild Foods. Ti Tree Press, Australia p 191 ; Cooper,

W. and Cooper, W., 2004, *Fruits of the Australian Tropical Rainforest*. Nokomis Editions, Victoria, Australia. p 218 ; Crawford, I. M., 1982, *Traditional Aboriginal Plant Resources in the Kalumburu Area: Aspects in Ethno-economics*. Records of the Western Australian Museum Supplement No. 15 ; Cribb, A.B. & J.W., 1976, *Wild Food in Australia*, Fontana. p 144 ; Dunlop, C.R., Leach, G.J. & Cowie, I.D., 1995, *Flora of the Darwin Region*. Vol 2. Northern Territory Botanical Bulletin No 20. p 113 ; Garde, M., et al, 2003, *A Preliminary List of Kundedjnjenhmi Plant Names*. Northern Land Council. (Arnhem Land, Australia) ; Green, J., (Ed.), 2003, *Anmatyerr Plant Stories*. AID Press. p 2 ; Hedrick, U.P., 1919, (Ed.), *Sturtevant's edible plants of the world*. p 679 ; Hiddins, L., 1999, *Explore Wild Australia with the Bush Tucker Man*. Penguin Books/ABC Books. p 150 ; Isaacs, J., 1987, *Bush Food, Aboriginal Food and Herbal Medicine*. Weldon. p 97 ; Jones, D.L. & Gray, B., 1977, *Australian Climbing Plants*. Reed. p 61 ; Kenneally, K.E., Edinger, D. C., and Willing T., 1996, *Broome and Beyond, Plants and People of the Dampier Peninsula, Kimberley, Western Australia*. Department of Conservation and Land Management. p 162 ; Kiple, K.F. & Ornelas, K.C., (eds), 2000, *The Cambridge World History of Food*. CUP p 1808 ; Latz, P.K., 1996, *Bushfires and Bushtucker: Aboriginal plant use in Central Australia*. IAD Press Alice Springs p 296 ; Latz, P & Wightman, G., 1995, *Desert Bush Tucker Identikit. Common Native Food Plants of Central Australia*. Parks & Wild Commission Northern Territory. p 44 ; Lazarides, M. & Hince, B., 1993, *Handbook of Economic Plants of Australia*, CSIRO. p 246 ; Levitt, D., 1981, *Plants and people. Aboriginal uses of plants on Groote Eylandt*. Australian Institute of Aboriginal Studies, Canberra. p 115 (As var. filiformis) ; Lim, T. K., 2015, *Edible Medicinal and Non Medicinal Plants*. Volume 9, *Modified Stems, Roots, Bulbs*. Springer p 85 ; Low, T., 1991, *Wild Food Plants of Australia*. Australian Nature FieldGuide, Angus & Robertson. p 162 ; Low, T., 1992, *Bush Tucker. Australia's Wild Food Harvest*. Angus & Robertson. p 98, 99 ; T. L. Mitchell, J. exped. trop. Australia 350. 1848 ; Paczkowska, G. & Chapman, A.R., 2000, *The Western Australian Flora. A Descriptive Catalogue*. Western Australian Herbarium. p 453 ; Macmillan, H.F. (Revised Barlow, H.S., et al) 1991, *Tropical Planting and Gardening*. Sixth edition. Malayan Nature Society. Kuala Lumpur. p 330 ; RIRDC, 2010, *New Root Vegetables for the Native Food Industry*, Australian Government RIRDC Publication 9/161 ; Smith, Nicholas et al. 1993, *Ngarinyman Ethnobotany: Aboriginal Plant Use from the Victoria River Area Northern Australia*. Northern Territory Botanical Bulletin No 16. Parks and Wildlife Commission of the Northern Territory. p 47 ; Vigilante, T., et al, 2013, *Island country: Aboriginal connections, values and knowledge of the Western Kimberley islands in the context of an island biological survey*. Records of the Western Australian Museum Supplement 81: 145-182 ; Wheeler, J.R.(ed.), 1992, *Flora of the Kimberley Region*. CALM, Western Australian Herbarium, p 456 ; Wightman, Glenn et al. 1994, *Gurindji Ethnobotany: Aboriginal Plant Use from Daguragu Northern Australia*. Northern Territory Botanical Bulletin No 18. Parks and Wildlife Commission of the Northern Territory. p 53 ; Wightman, Glenn et al. 1992. *Mudburra Ethnobotany: Aboriginal Plant Use from Kulumindini (Elliott) Northern Australia*. Northern Territory Botanical Bulletin No 14. Parks and Wildlife Commission of the Northern Territory. p 33. ; Yunupinu Banjgul, Laklak Yunupinu-Marika, et al. 1995, *Rirratjinu Ethnobotany: Aboriginal Plant Use from Yirrkala, Arnhem Land, Australia*. Northern Territory Botanical Bulletin No 21. Parks and Wildlife Commission of the Northern Territory. p 76.