

Tectaria zeylanica (Houtt.) Sledge

Identifiants : 38711/teczey

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 26/06/2024

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Pteridophyta ;
- Classe : Filicopsida ;
- Ordre : Polypodiales ;
- Famille : Tectariaceae ;
- Genre : Tectaria ;

- Synonymes : *Acrostichum quercifolium* Retz, *Botrychium zeylanicum* (L.) Sw, *Gymnopteris quercifolia* (Retz.) Bernh, *Helminostachys zeylanica* (L.) Hook, *Leptochilus zeylanicus* (Houtt.) C. Chr, *Ophiala zeylanica* (L.) Desv, *Ophioglossum zeylanicum* Houtt, *Osmunda zeylanica* L, *Quercifilix zeylanica* (Houtt.) Copel, *Helminthostachys dulcis* Kaulf ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Flowering fern, Seven finger fern, , Dhagrajawa, Kamraj, Mayur kutea, Tukod, Tukod-langit ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : feuilles, frondes^{{{(0+*)}}} (traduction automatique) | Original : Leaves, Fronds^{{{(0+*)}}} Les jeunes frondes de cette fougère sont consommées crues en salade ou cuites comme légume



néant, inconnus ou indéterminés.

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 261 (As *Helminthostachys zeylanica*) ;
Andrews, S.B., 1990, *Ferns of Queensland. A handbook to the ferns and fern allies*. Queensland DPI p 255 (As *Helminthostachys zeylanica*) ;
Borrell, O.W., 1989, *An Annotated Checklist of the Flora of Kairiru Island, New Guinea*. Marcellin College, Victoria Australia. p 5, 153 (As *Helminthostachys zeylanica*) ;
Brown, W.H., 1920, *Wild Food Plants of the Philippines*. Bureau of Forestry Bulletin No. 21 Manila. p 19 (As *Helminthostachys zeylanica*) ;
Cowie, I, 2006, *A Survey of Flora and vegetation of the proposed Jaco-Tutuala-Lore National Park. Timor-Lests (East Timor)* www.territorystories.nt.gov.au p 51 (As *Helminthostachys zeylanica*) ;
Dangol, D. R. et al, 2017, *Wild Edible Plants in Nepal*. Proceedings of 2nd National Workshop on CUAOGR, 2017. ;
Davis, S.D., Heywood, V.H., & Hamilton, A.C. (eds), 1994, *Centres of plant Diversity*. WWF. Vol 1 or 2. p 388 (As *Helminthostachys zeylanica*) ;
Elliot, W.R., & Jones, D.L., 1990, *Encyclopedia of Australian Plants suitable for cultivation*. Vol 5. Lothian. p 306 (As *Helminthostachys zeylanica*) ;
Gen. fil. t. 47. 1840 (As *Helminthostachys zeylanica*) ;
Hu, Shiu-ying, 2005, *Food Plants of China*. The Chinese University Press. p 271 (As *Helminthostachys zeylanica*) ;
Islam, M., 1983, *Utilisation of Certain Ferns and Fern Allies in the North-Eastern Region, India*. J.Econ. Tax. Bot. Vol.4.No.3 pp 861- (As *Helminthostachys zeylanica*) ;
Levitt, D., 1981, *Plants and people. Aboriginal uses of plants on Groote Eylandt*,

Australian Institute of Aboriginal Studies, Canberra. (As *Helminthostachys zeylanica*) ; Lugod, G.C. and de Padua L.S., 1979, *Wild Food Plants in the Philippines*. Vol. 1. Univ. of Philippines Los Banos. p 60 (As *Helminthostachys zeylanica*) ; Manandhar, N.P., 2002, *Plants and People of Nepal*. Timber Press. Portland, Oregon. p 258 (As *Helminthostachys zeylanica*) ; Monsalud, M.R., Tongacan, A.L., Lopez, F.R., & Lagrimas, M.Q., 1966, *Edible Wild Plants in Philippine Forests*. *Philippine Journal of Science*. p 513 (As *Helminthostachys zeylanica*) ; Ochse, p 545 (As *Helminthostachys zeylanica*) ; Paczkowska, G. & Chapman, A.R., 2000, *The Western Australian Flora. A Descriptive Catalogue*. Western Australian Herbarium. p 25 (As *Helminthostachys zeylanica*) ; Patiri, B. & Borah, A., 2007, *Wild Edible Plants of Assam*. Geethaki Publishers. p 162 (As *Helminthostachys zeylanica*) ; Peekel, P.G., 1984, (Translation E.E.Henty), *Flora of the Bismarck Archipelago for Naturalists*, Division of Botany, Lae, PNG. p 30, 32 (As *Helminthostachys zeylanica*) ; Pham-Hoang Ho, 1999, *An Illustrated Flora of Vietnam*. Nha Xuat Ban Tre. p 38 (As *Helminthostachys zeylanica*) ; Piggott, A. G. 1988, *Ferns of Malaysia in Colour*. Tropical press, Malaysia. p 30 (As *Helminthostachys zeylanica*) ; Sarma, H., et al, 2010, *Updated Estimates of Wild Edible and Threatened Plants of Assam: A Meta-analysis*. *International Journal of Botany* 6(4): 414-423 (As *Helminthostachys zeylanica*) ; Uprety, Y., et al, 2012, *Diversity of use and local knowledge of wild edible plant resources in Nepal*. *Journal of Ethnobotany and Ethnomedicine* 8:16 ; Wheeler, J.R.(ed.), 1992, *Flora of the Kimberley Region*. CALM, Western Australian Herbarium, p 27, 29 (Drawing) (As *Helminthostachys zeylanica*) ; www.eFloras.org Flora of China