

Syzygium cordatum Hochst ex C. Krauss

Identifiants : 38317/syzcoa

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 06/05/2024

- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Rosidées ;
- Clade : Malvidées ;
- Ordre : Myrtales ;
- Famille : Myrtaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Myrtales ;
- Famille : Myrtaceae ;
- Genre : Syzygium ;

- Synonymes : *Eugenia cordata* (Hochst.) Laws, *Syzygium cordifolium* Klotzch ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Water berry, , Dawabissu, Ingozi, Katope, Katoye, Kikumbia, Mchisu, Mhugu, Mhuluhyti, Mivengi Iulenga, Mlengwelengwe, Mng'wilanyama, Mnyonyo, Montha, Montho motazwa, Mshiwi-mazi, Msu, Mucho, Muhlu, Mukute, Mundukundu, Munonyanansi, Musafwa, Musombo, Muvengi, Mvenge, Mvengi, Mvungi Iulenga, Mvungi msitu, Mzambarau, Namunsi, Nsinika, Nyowe, Thsana, Timuhlu, Tincosi, Tucura, Umcozi, Umdoni, Umgcosi, Umswi, Waterwood ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : fruits, tiges - arôme^{[[[0(+x) (traduction automatique)]]]} | Original : Fruit, Stems - flavouring^{[[[0(+x)]]]} Le fruit est consommé cru. Il est également utilisé pour les boissons et les confitures. Une boisson alcoolisée est fabriquée à partir du fruit. Attention: l'alcool est une cause de cancer

Partie testée : fruit^{[[[0(+x) (traduction automatique)]]]}

Original : Fruit^{[[[0(+x)]]]}

Taux d'humidité	Énergie (kJ)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
85.8	204	49	0.6	0	11.6	1.4	0.2



néant, inconnus ou indéterminés.

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

Bunderson, W. T. et al, 2002, *Common Agroforestry Species in Malawi*. Malawi Agroforestry Extension Project, Publication No. 46, Lilongwe. p 44 ; Campbell, B. M., 1987, *The Use of Wild Fruits in Zimbabwe*. Economic Botany 41(3): 375-385 ; CROSS-UPCOTT, ; Facciola, S., 1998, *Cornucopia 2: a Source Book of Edible Plants*. Kampong Publications, p 160 ; Fowler, D. G., 2007, *Zambian Plants: Their Vernacular Names and Uses*. Kew. p 50 ; Fox, F. W. & Young, M. E. N., 1982, *Food from the Veld*. Delta Books. p 276 ; Glover et al, 1966b, ; Grivetti, L. E., 1980, *Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa*, Report to the Department of State Agency for International Development. p 45 ; <http://www.fao.org/forestry/25323-096344a3de335832e8f363c3ac5184a66.pdf> ; INFOODS:FAO/INFOODS Databases ; Jardin, C., 1970, *List of Foods Used In Africa*, FAO Nutrition Information Document Series No 2.p 164 ; Joffe, P., 2007, *Creative Gardening with Indigenous Plants. A South African Guide*. Briza. p 97 ; JSTOR Global Plants edible ; Katende, A.B., Birnie, A & Tengnas B., 1995, *Useful Trees and Shrubs for Uganda*. Identification, Propagation and Management for Agricultural and Pastoral Communities. Technical handbook No 10. Regional Soil Conservation Unit, Nairobi, Kenya. p 600 ; Long, C., 2005, *Swaziland's Flora - siSwati names and Uses* <http://www.sntc.org.sz/flora/> ; Lovett, J. C. et al, *Field Guide to the Moist Forest Trees of Tanzania*. p 116 ; Malaisse, F., 1997, *Se nourrir en floret claire africaine. Approche écologique et nutritionnelle*. CTA., p 69 ; Mannheimer, C. A. & Curtis. B.A. (eds), 2009, *Le Roux and Muller's Field Guide to the Trees and Shrubs of Namibia*. Windhoek: Macmillan Education Namibia. p 376 ; Maundu, P. et al, 1999, *Traditional Food Plants of Kenya*. National Museum of Kenya. 288p ; Mbuya, L.P., Msanga, H.P., Ruffo, C.K., Birnie, A & Tengnas, B., 1994, *Useful Trees and Shrubs for Tanzania*. Regional Soil Conservation Unit. Technical Handbook No 6. p 462 ; Msola, D. K., 2007, *The role of Wild Foods in Household Income and Food Security in Mufundi District, Tanzania*. Morogoro, Tanzania. p 44 ; Msuya, T. S., et al, 2010, *Availability, Preference and Consumption of Indigenous Foods in the Eastern Arc Mountains, Tanzania*, *Ecology of Food and Nutrition*, 49:3, 208-227 ; Palgrave, K.C., 1996, *Trees of Southern Africa*. Struik Publishers. p 690 ; Palmer, E and Pitman, N., 1972, *Trees of Southern Africa*. Vol. 3. A.A. Balkema, Cape Town p 1675 ; Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, *Edible Wild plants of Sub-saharan Africa*. Kew. p 154 ; Prins, H. & Maghembe, J. A., 1994, *Germination studies on seed of fruit trees indigenous to Malawi*. *Forest Ecology and Management* 64:111-125 ; Roodt, V., 1998, *Trees & Shrubs of the Okavango Delta. Medicinal Uses and Nutritional value*. The Shell Field Guide Series: Part 1. Shell Botswana. p 196 ; Royal Botanic Gardens, Kew (1999). *Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database*. Published on the Internet; <http://www.rbgekew.org.uk/ceb/sepasal/internet> [Accessed 4th May 2011] ; Ruffo, C. K., Birnie, A. & Tengnas, B., 2002, *Edible Wild Plants of Tanzania*. RELMA p 648 ; Schmidt, E., Lotter, M., & McClelland, W., 2007, *Trees and shrubs of Mpumalanga and Kruger National Park*. Jacana Media p 480 ; *Swaziland's Flora Database* <http://www.sntc.org.sz/flora/> ; Tredgold, M.H., 1986, *Food Plants of Zimbabwe*. Mambo Press. p 125 ; van Wyk, B, van Wyk, P, and van Wyk B., 2000, *Photographic guide to Trees of Southern Africa*. Briza. p 301 ; van Wyk, B., 2005, *Food Plants of the World. An illustrated guide*. Timber press. p 358 ; van Wyk, Be., & Gericke, N., 2007, *People's plants. A Guide to Useful Plants of Southern Africa*. Briza. p 58 ; van Wyk, B-E., 2011, *The potential of South African plants in the development of new food and beverage products*. *South African Journal of Botany* 77 (2011) 857-868 ; Venter, F & J., 2009, *Making the most of Indigenous Trees*. Briza. p 280 ; Wehmeyer, A. S, 1986, *Edible Wild Plants of Southern Africa. Data on the Nutrient Contents of over 300 species* ; White, F., Dowsett-Lemaire, F. and Chapman, J. D., 2001, *Evergreen Forest Flora of Malawi*. Kew. p 411 ; Williamson, J., 2005, *Useful Plants of Malawi*. 3rd. Edition. Mdadziri Book Trust. p 240 ; Wilson, A. L. & Downs, C. T., 2012, *Fruit nutritional composition and non-nutritive traits of indigenous South African tree species*. *South African Journal of Botany*. 78:30-36 ; www.worldagroforestrycentre.org/treedb/