

# ***Rumex vesicarius L.***

**Identifiants : 28272/rumves**

**Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)**

**Fiche réalisée par Patrick Le Ménahèze**

**Dernière modification le 09/05/2024**

- **Classification phylogénétique :**

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Ordre : Caryophyllales ;
- Famille : Polygonaceae ;

- **Classification/taxinomie traditionnelle :**

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Polygonales ;
- Famille : Polygonaceae ;
- Genre : Rumex ;

- **Synonymes : *Acetosa vesicaria* (L.) Love ;**

- **Nom(s) anglais, local(aux) et/ou international(aux) : Bladder Dock , Ambari, Ambongteh, Anbongteh, Bhote palunge, Chooka, Chuka, Chukani bhaji, Chukka kura, Hamaimesah, Hommidha, Jussi soppu, Kala-chin-baung-gyi, Katta mitha, Katta palak, Khatti tan, Palak, Palang sag, Pink dock, Rosy dock, Saluni, Shakkan kirai, Suka kora, Suka sak, Sukha sak, Sukki soppu, Turkey rhubarb, Tershoka, Wild hops ;**



- **Note comestibilité : \*\***

- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :**

**Parties comestibles : feuilles, légumes<sup>(((0+x) traduction automatique)</sup> | Original : Leaves, Vegetable<sup>(((0+x)</sup> Les feuilles sont bouillies et mangées. Ils sont utilisés dans les currys et les chutneys. Les jeunes pousses aigres sont parfois consommées crues. Ils peuvent être utilisés pour cailler le lait**



**néant, inconnus ou indéterminés.**

- **Note médicinale : \*\***

- **Illustration(s) (photographie(s) et/ou dessin(s)):**

- **Liens, sources et/ou références :**

◦ 5 "Plants For a Future" (en anglais) : [https://pfaf.org/user/Plant.aspx?LatinName=Rumex\\_vesicarius](https://pfaf.org/user/Plant.aspx?LatinName=Rumex_vesicarius) ;

dont classification :

dont livres et bases de données : <sup>0</sup>"Food Plants International" (en anglais) ;

dont biographie/références de <sup>0</sup>"FOOD PLANTS INTERNATIONAL" :

AI-Qura'n, S. A., 2010, Ethnobotanical and Ecological Studies of Wild Edible Plants in Jordan. *Libyan Agriculture Research Center Journal International* 1(4):231-243 ; Ambasta S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 535 ; Arora, R. K., 2014, *Diversity in Underutilized Plant Species - An Asia-Pacific Perspective*. Bioversity International. p 45 ; Ben Ismail, H., 2013, *Edible Wild Vegetables Used in North West of Tunisia*. PARIPEX - Indian Journal of Research 2(9) :219-221 ; Bidak, L. M., et al, 2015, *Goods and services provided by native plants in desert ecosystems: Examples from the northwestern coastal desert of Egypt*. *Global Ecology and Conservation* 3 (2015) 433â€“447 ; Burkhill, H. M., 1985, *The useful plants of west tropical Africa*, Vol. 4. Kew. ; Burkhill, I.H., 1966, *A Dictionary of the Economic Products of the Malay Peninsula*. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 1954 ; Cundall, P., (ed.), 2004, *Gardening Australia: flora: the gardener's bible*. ABC Books. p 1288 ; Facciola, S., 1998, *Cornucopia 2: a Source Book of Edible Plants*. Kampong Publications, p 187 ; FAO, 1988, *Traditional Food Plants*, FAO Food and Nutrition Paper 42. FAO Rome p 431 ; Flora of Pakistan. [www.eFloras.org](http://www.eFloras.org) ; Gangte, H. E., et al, 2013, *Wild Edible Plants used by the Zou Tribe in Manipur, India*. *International Journal of Scientific and Research Publications*, Volume 3, Issue 5 ; Grubben, G. J. H. and Denton, O. A. (eds), 2004, *Plant Resources of Tropical Africa 2. Vegetables*. PROTA, Wageningen, Netherlands. p 452 ; Guite, C., 2016, *Study of wild edible plants associated with the Paite Tribe of Manipur, India*. *International Journal of Current Research*. Vol. 8, Issue 11, pp. 40927-40932 ; Hedrick, U.P., 1919, (Ed.), *Sturtevant's edible plants of the world*. p 585 ; HOOPER, ; Hussey, B.M.J., Keighery, G.J., Cousens, R.D., Dodd, J., Lloyd, S.G., 1997, *Western Weeds. A guide to the weeds of Western Australia*. Plant Protection Society of Western Australia. p 202 ; Jardin, C., 1970, *List of Foods Used In Africa*, FAO Nutrition Information Document Series No 2.p 98 ; Joshi, N., et al, 2007, *Traditional neglected vegetables of Nepal: Their sustainable utilization for meeting human needs*. *Tropentag 2007. Conference on International Agricultural Research for Development*. ; Kuhnlein, H. V., et al, 2009, *Indigenous Peoples' food systems*. FAO Rome p 193 ; Lamp, C & Collet F., 1989, *Field Guide to Weeds in Australia*. Inkata Press. p 249 ; Lazarides, M. & Hince, B., 1993, *Handbook of Economic Plants of Australia*, CSIRO. p 208 ; Low, T., 1991, *Wild Herbs of Australia and New Zealand*. Angus & Robertson. p 42 (Drawing) ; Low, T., 1992, *Bush Tucker. Australiaâ€s Wild Food Harvest*. Angus & Robertson. p 152 ; Martin, F.W. & Ruberte, R.M., 1979, *Edible Leaves of the Tropics*. Antillian College Press, Mayaguez, Puerto Rico. p 214 ; Medhi, P. & Borthakur, S. K., 2012, *Phytoresources from North Cachur Hills of Assam -3: Edible plants sold at Hflong market*. *Indian Journal or Natural Products and Resources*. 3(1) pp 84-109 ; Morley, B.D., & Toelken, H.R., (Eds), 1983, *Flowering Plants in Australia*. Rigby. p 85 ; Nassif, F., & Tanji, A., 2013, *Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research*. Life Science Leaflets 3:17-54 ; Ochse, J. J. et al, 1931, *Vegetables of the Dutch East Indies*. Asher reprint. p 595 ; *Plants for a Future database*, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. <http://www.scs.leeds.ac.uk/pfaf/> ; Rivera, D. et al, 2006, *Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development*, in Heinrich M, MÄ¼ller WE, Galli C (eds): *Local Mediterranean Food Plants and Nutraceuticals*. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18â€“74 ; Shah, G.L., 1984, *Some economically important plant of Salsette Island near Bombay*. J. Econ. Tax. Bot. Vol. 5 No. 4 pp 753-765 ; Shaheen, N., et al, 2013, *Food Composition Table for Bangladesh*. University of Daka. p 33 ; Sharma, B.B., 2005, *Growing fruits and vegetables*. Publications Division. Ministry of Information and broadcasting. India. p 198 ; Sp. pl. 1:336. 1753 ; Steenbeeke, Greg as part of the Plants Directory project. *List of plant species from northern NSW that may be used as food plants* p 2 (As *Acetosa vesicaria*) ; Tareen, N. M., et al, 2016, *Ethnomedicinal Utilization of Wild Edible Vegetables in District Harnai of Balochistan Province - Pakistan*. *Pakistan Journal of Botany* 48(3): 1159-1171 ; Terra, G.J.A., 1973, *Tropical Vegetables*. Communication 54e Royal Tropical Institute, Amsterdam, p 70 ; USDA, ARS, National Genetic Resources Program. *Germplasm Resources Information Network - (GRIN)*. [Online Database] National Germplasm Resources Laboratory, Beltsville, Maryland. Available: [www.ars-grin.gov/cgi-bin/npgs/html/econ.pl](http://www.ars-grin.gov/cgi-bin/npgs/html/econ.pl) (10 April 2000)