

Opilia amentacea Roxb.

Identifiants : 22274/opiame

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 07/05/2024

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Santalales ;
- Famille : Opiliaceae ;
- Genre : Opilia ;

- Synonymes : *Opilia celtidifolia* (Guill. & Perr.) Endl. ex Walp, *Opilia tomentella* (Oliv.) Engl, et d'autres ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Catkin blooming, Yellow plum, , Engirusha, Itawa-tawa, Kalemela, Kaguha, Lpuken, Lukokonza, Luvisu, Mirliny, Mlende, Mtulu, Musundu, Mwevumbulo, Nyamtulo, Shan you zi, Silanincom-o ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : fruits, feuilles^{{}(0(+x)) (traduction automatique)} | Original : Fruit, Leaves^{{}(0(+x))} Les fruits sont consommés frais.
ATTENTION. Les fruits consommés en grande quantité peuvent irriter les lèvres et la langue. Les feuilles sont cuites comme légume

Partie testée : feuilles^{{}(0(+x)) (traduction automatique)}
Original : Leaves^{{}(0(+x))}

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
9.2	0	0	14.8	0	3.9	15.7	3.2



néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

Achigan-Dako, E, et al (Eds), 2009, *Catalogue of Traditional Vegetables in Benin*. International Foundation for Science. ; Atato, A., et al, 2010, *Diversity of Edible Wild Fruit Tree Species of Togo*. Global Science Books. ; Atato, A., et al, 2012 *Especies lianescentes a fruits comestibles du Togo*. *Fruits*. 67(5): 353-368 ; Bindon, P., 1996, *Useful Bush Plants*. Western Australian Museum. p 188 ; Brock, J., 1993, *Native Plants of Northern Australia*, Reed. p 270 ; Bussman, R. W., 2006, *Ethnobotany of the Samburu of Mt. Nyiru, South Turkana, Kenya*. *Journal of Ethnobiology and Ethnomedicine*. 2:35 ; Chang Mei-chen, Qiu Lian-qing, Green, P.S., *Oleaceae*. *Flora of China*. ; Cherkoff V. & Isaacs, J., *The Bush Food Handbook*. How to gather, grow, process and cook Australian Wild Foods. *Ti Tree Press*, Australia p 200 ; Cooper W & Cooper W T, 1994, *Fruits of the Rain Forest*. RD Press p 206 ; Cooper, W. and Cooper, W., 2004, *Fruits of the Australian Tropical Rainforest*. Nokomis Editions, Victoria, Australia. p 381 ; Cowie, I, 2006, *A Survey of Flora and vegetation of the proposed Jaco-Tutuala-Lore National Park*. Timor-Lests (East Timor) www.territorystories.nt.gov.au p 51 ; Cribb, A.B. & J.W., 1976, *Wild Food in Australia*, Fontana. p 75 ; Elliot, W.R., & Jones, D.L., 1997, *Encyclopedia of Australian Plants suitable for cultivation*. Vol 7. Lothian. p 106 ; *Flora of China* @ efloras.org Volume 5 ; *Flora Malesiana* Vol 10 p 47 ; Fowler, D. G., 2007, *Zambian Plants: Their Vernacular Names and Uses*. Kew. p 52 ; French, B.R., 2010, *Food Plants of Solomon Islands*. A Compendium. *Food Plants International Inc.* p 354 ; Grubben, G. J. H. and Denton, O. A. (eds), 2004, *Plant Resources of Tropical Africa 2. Vegetables*. PROTA, Wageningen, Netherlands. p 563 ; Hiepko, P., 1984, *Opiliaceae*, *Flora Malesiana Series 1* Vol 10(1) p 47 ; Hiepko, P. 2008, *Opiliaceae*. *Flora of the World*. *Species Plantarum* No. 12 p 22 ; Jones, D.L. & Gray, B., 1977, *Australian Climbing Plants*. Reed. p 128 ; Kenneally, K.E., Edinger, D. C., and Willing T., 1996, *Broome and Beyond, Plants and People of the Dampier Peninsula, Kimberley, Western Australia*. Department of Conservation and Land Management. p 151 ; Lazarides, M. & Hince, B., 1993, *Handbook of Economic Plants of Australia*, CSIRO. p 175 ; Morley, B.D., & Toelken, H.R., (Eds), 1983, *Flowering Plants in Australia*. Rigby. p 231 ; Msuya, T. S., et al, 2010, *Availability, Preference and Consumption of Indigenous Foods in the Eastern Arc Mountains, Tanzania*, *Ecology of Food and Nutrition*, 49:3, 208-227 ; Paczkowska, G. & Chapman, A.R., 2000, *The Western Australian Flora. A Descriptive Catalogue*. Western Australian Herbarium. p 415 ; Royal Botanic Gardens, Kew (1999). *Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database*. Published on the Internet; <http://www.rbgekew.org.uk/ceb/sepasal/internet> [Accessed 5th May 2011] ; Smith, N. M., 1991, *Ethnobotanical Field Notes from the Northern Territory, Australia*, *J. Adelaide Bot. Gard.* 14(1): 1-65 ; Smith, Nicholas et al. 1993, *Ngarinyman Ethnobotany: Aboriginal Plant Use from the Victoria River Area Northern Australia*. *Northern Territory Botanical Bulletin* No 16. Parks and Wildlife Commission of the Northern Territory. p 37 ; Townsend, K., 1994, *Across the Top. Gardening with Australian Plants in the tropics*. Society for Growing Australian Plants, Townsville Branch Inc. p 306 ; Vigilante, T., et al, 2013, *Island country: Aboriginal connections, values and knowledge of the Western Kimberley islands in the context of an island biological survey*. *Records of the Western Australian Museum Supplement* 81: 145-182 ; Wheeler, J.R.(ed.), 1992, *Flora of the Kimberley Region*. CALM, Western Australian Herbarium, p 567 ; White, F., Dowsett-Lemaire, F. and Chapman, J. D., 2001, *Evergreen Forest Flora of Malawi*. Kew. p 425 ; Wightman, Glenn et al. 1992. *Mudburra Ethnobotany: Aboriginal Plant Use from Kulumindini (Elliott) Northern Australia*. *Northern Territory Botanical Bulletin* No 14. Parks and Wildlife Commission of the Northern Territory. p 26. ; Worsley, P., 1961, *Acta Ethnographica* 10(1/2):153-90. ; www.efloras.org *Flora of China* ; Yunupinu Banjgul, Laklak Yunupinu-Marika, et al. 1995, *Rirratjinu Ethnobotany: Aboriginal Plant Use from Yirrkala, Arnhem Land, Australia*. *Northern Territory Botanical Bulletin* No 21. Parks and Wildlife Commission of the Northern Territory. p60.