

Myrica esculenta Buch.-Ham. ex D.Don

Identifiants : 21569/myresc

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 13/05/2024

- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Rosidées ;
- Clade : Fabidées ;
- Ordre : Fagales ;
- Famille : Myricaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Myricales ;
- Famille : Myricaceae ;
- Genre : Myrica ;

- Synonymes : *Myrica farquhariana* Wall, *Myrica integrifolia* Roxb, *Myrica lobbii* Teijsm. & Binn, *Myrica missionis* Wall, *Myrica nagi* Hook.f. in part, non Thunb, *Myrica sapida* Wall ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Box myrtle, Bay berry, , Aholick, Bol-sohlia, Chakchansi, Dau rurou, Dieng-soh-phie, Gelinchek, Jheremsi, Chenda si, Kafal, Kahela, Kahi, Kaidar yamu, Kaiphal, Kaphal, Kariphal, Kata-pho, Katphala, Kaya phala, Kei-fang, Keifang, Kesami, Keteng, Kharvusyu, Kirishivani, Kobusi, Lalisa, Lenketing, Mak ngam, Malay gale, Malu, Mao yang mei, Marudam, Maruta, Nagatenga, Namun, Noga tenga, Nonggang hei, Pezia, Saphai, Satsarila, Sizhangleo, Soh-phi, Soh-phie-nam, Telur chichak, Thanh mai ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : fruit^{{{0(+x)}}} (traduction automatique) | Original : Fruit^{{{0(+x)}}} Les fruits mûrs sont consommés crus. Ils sont également utilisés pour une boisson et des desserts. Il est également utilisé dans la distillation

Partie testée : fruit^{{{0(+x)}}} (traduction automatique)

Original : Fruit^{{{0(+x)}}}

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
80	0	0	0	0	0.4	0	0



néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

Altschul, S.V.R., 1973, *Drugs and Foods from Little-known Plants*. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 625 and no. 627 (As *Myrica sapida*) ; Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 388 ; Arora, R. K., 2014, *Diversity in Underutilized Plant Species - An Asia-Pacific Perspective*. Bioversity International. p 78 ; Aryal, K. P. et al, 2009, *Uncultivated Plants and Livelihood Support - A case study from the Chepang people of Nepal*. *Ethnobotany Research and Applications*. 7:409-422 ; Aryal, K. P., et al, 2018, *Diversity and use of wild and non-cultivated edible plants in the Western Himalaya*. *Journal of Ethnobiology and Ethnomedicine* (2018) 14:10 ; Bahuguna, A. et al, 2010, *Floristic Diversity and Indigenous uses of Forest Vegetation of Dabka Watershed in Indian Central Himalayas*. *Ethnobotanical Leaflets* 14:491-510 ; Bajracharya, D., 1980, *Nutritive Values of Nepalese Edible Wild Fruits*. *Z. Lebensm. Unters. Forsch.* 171: 363-366 ; Barwick, M., 2004, *Tropical and Subtropical Trees. A Worldwide Encyclopedic Guide*. Thames and Hudson p 290 ; Burkill, I.H., 1966, *A Dictionary of the Economic Products of the Malay Peninsula*. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 1547 (As *Myrica farquhariana* and as *Myrica sapida*) ; Chase, P. & Singh, O. P., 2016, *Bioresources of Nagaland: A Case of Wild 4 Edible Fruits in Khonoma Village Forest*. in J. Purkayastha (ed.), *Bioprospecting of Indigenous Bioresources of North-East India*. p 50 ; Dangol, D. R. et al, 2017, *Wild Edible Plants in Nepal*. *Proceedings of 2nd National Workshop on CUAOGR*, 2017. ; Dobriyal, M. J. R. & Dobriyal, R., 2014, *Non Wood Forest Produce an Option for Ethnic Food and Nutritional Security in India*. *Int. J. of Usuf. Mngt.* 15(1):17-37 ; *Flora Malesiana* Vol 13 p 278 ; Forest Inventory and Planning Institute, 1996, *Vietnam Forest Trees*. 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P., 2007, *Prioritization of cultivated and wild edibles by local people in the Uttaranchal hills of Indian Himalaya*. *Indian Journal of Traditional Knowledge*. 6(1) pp 239-244 ; Kar, A., et al, 2013, *Wild Edible Plant Resources used by the Mizos of Mizoram, India*. *Kathmandu University Journal of Science, Engineering and Technology*. Vol. 9, No. 1, July, 2013, 106-126 ; Karki, S., et al, 2017, *Minor Fruits in Nepal: Utilization and Conservation Efforts*. *Proceedings of 2nd National Workshop on CUAPGR*, 2017. ; Khan, M. & Hussain, S., 2014, *Diversity of wild edible plants and flowering phenology of district Poonch (J & K) in the northwest Himalaya*. *Indian Journal of Sci, Res.* 9(1): 032-038 ; Khanal, R., et al, 2014, *Documenting abundance and use of underutilized plant species in the mid hill region of Nepal*. *ECOPRINT* 21: 63-71, 2014 ; Lu Anmin, Bornstein, A.J., *Myricaceae*. *Flora of China*. ; Manandhar, N.P., 2002, *Plants and People of Nepal*. Timber Press. 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Vol 7(1) pp 74-81 ; PROSEA ; Radha, B., et al, 2013, *Wild Edible Plant Resources of the Lohba Range of Kedarnath Forest Division (KFD), Garhwal Himalaya, India*. *Int. Res J. Biological Sci.* Vol. 2 (11), 65-73 ; Rymbai, H., et al, 2016, *Analysis study on potential underutilized edible fruit genetic resources of the foothills track of Eastern Himalayas, India*. *Genetic. Resourc. Crop Evol.* (2016) 63:125-139 ; Sharma, H., et al, 2010, *Updated Estimates of Wild Edible and Threatened Plants of Assam: A Meta-analysis*. *International Journal of Botany* 6(4): 414-423 ; Sawian, J. T., et al, 2007, *Wild edible plants of Meghalaya, North-east India*. *Natural Product Radiance* Vol. 6(5): p 419 ; Sharma, P., et al, 2013, *Wild edibles of Murari Devi and surrounding areas in Mandi district of Himachal Pradesh, India*. *International Journal of Biodiversity and Conservation*. 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