

# ***Cyathula prostata (L.) Blume***

**Identifiants : 10447/cyapro**

**Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)**

**Fiche réalisée par Patrick Le Ménahèze**

**Dernière modification le 10/05/2024**

- **Classification phylogénétique :**

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Ordre : Caryophyllales ;
- Famille : Amaranthaceae ;

- **Classification/taxinomie traditionnelle :**

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Caryophyllales ;
- Famille : Amaranthaceae ;
- Genre : Cyathula ;

- **Synonymes :** Achyrantes prostrata L, Cyathula geniculata auct. non Lour, Cyathula pedicellata C. B. Clarke, Desmochaeta prostrata (Linnaeus) De Candolle, Pupalia prostrata (Linnaeus) C. Martius ;

- **Nom(s) anglais, local(aux) et/ou international(aux) :** Prostrate pastureweed, , Anghup merah, Bayam pasir, Bayam rusa, Cherukadaladi, Cuocdai, Ekur kuching, Jarang-jarang, Kyet-mauk-pyan, Menjarang, Nyarang puteh, Nyarang, Penjarang ayam, Penjarang, Rumput dayang, Senjarang ;



- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :**

**Parties comestibles : feuilles, légumes<sup>(((0+x) (traduction automatique)</sup> | Original : Leaves, Vegetable<sup>(((0+x)</sup> Les feuilles sont mangées**

**Partie testée : feuilles<sup>(((0+x) (traduction automatique)</sup>  
Original : Leaves<sup>(((0+x)</sup>**

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
85.6	143	34	3.6	0	10	0	0



*néant, inconnus ou indéterminés.*

- **Illustration(s) (photographie(s) et/ou dessin(s)):**

- **Liens, sources et/ou références :**

*dont classification :*

*dont livres et bases de données :<sup>0</sup>"Food Plants International" (en anglais) ;*

*dont biographie/références de<sup>0</sup>"FOOD PLANTS INTERNATIONAL" :*

*Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 153 ; Bijdr. 549. 1826 ; Borrell, O.W., 1989, An Annotated Checklist of the Flora of Kairiru Island, New Guinea. Marcellin College, Victoria Australia. p 48, 173 ; Burkhill, H. M., 1985, The useful plants of west tropical Africa, Vol. 1. Kew. ; Burkhill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 1 (A-H) p 728 ; Checklist of NT Vascular Plant Species. January 2003. ; Cooper, W. and Cooper, W., 2004, Fruits of the Australian Tropical Rainforest. Nokomis Editions, Victoria, Australia. p 14 ; Flora of Solomon Islands ; Garcia, G. S. C., 2006, The mother-child nexus. Knowledge and valuation of wild food plants in Wayanad, Western Ghats, India. Journal of Ethnobiology and Ethnomedicine, 2:39 ; Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 561 ; Henty, E.E., & Pritchard, G.S., 1973, Weeds of New Guinea and their control. Botany Bulletin No 7, Division of Botany, Lae, PNG. p 60 ; Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 73 ; Kanis, A in Womersley, J.S., (Ed), 1978, Handbooks of the Flora of Papua New Guinea. Melbourne University Press. Vol 1. p 32 ; Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 173 ; Mot So Rau Dai an Duoc O Vietnam. Wild edible Vegetables. Ha Noi 1994, p 36 ; Narayanan Ratheesh, M. K. et al, 2011, Wild edible plants used by the Kattunaikka, Paniya and Kuruma tribes of Wayanad District, Kerala, India. Journal of Medicinal Plants Research Vol. 5(15), pp. 3520-3529 ; Peekel, P.G., 1984, (Translation E.E.Henty), Flora of the Bismarck Archipelago for Naturalists, Division of Botany, Lae, PNG. p 170, 171 ; Pham-Hoang Ho, 1999, An Illustrated Flora of Vietnam. Nha Xuat Ban Tre. p 729 ; Raponda-Walker, A & Sillans, R., 1961, Les Plantes Utiles du Gabon. Editions Paul Lechevalier, Paris. p 50 ; Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; <http://www.rbge.org.uk/ceb/sepasal/internet> [Accessed 25th March 2011] ; Savita, et al, 2006, Studies on wild edible plants of ethnic people in east Sikkim. Asian J. of Bio Sci. (2006) Vol. 1 No. 2 : 117-125 ; Smith, A.C., 1981, Flora Vitiensis Nova, Lawaii, Kuai, Hawaii, Volume 2 p 289 ; Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia. LIPI p 1100 ; Thiselton-Dyer, W.T., (Ed.), 1913, Flora of Tropical Africa. Vol VI-section 1. Reeve, p 43 ; [www.eFloras.org](http://www.eFloras.org) Flora of China ; Yuncker, T.G., 1959, Plants of Tonga, Bernice P. Bishop Museum, Hawaii, Bulletin 220. p 108*