

Cyanthillium cinereum (L.) H. Rob.

Identifiants : 10394/cyacin

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

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- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Astéridées ;
- Clade : Campanulidées ;
- Ordre : Asterales ;
- Famille : Asteraceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Asterales ;
- Famille : Asteraceae ;
- Genre : Cyanthillium ;

- Synonymes : *Blumea chinensis* (L.) DC, *Blumea esquirolii* H. Lev. & Vanoit, *Cacalia arguta* Kuntze, *Cacalia cinerea* (L.) Kuntze, *Cacalia erigerodes* Kuntze, *Cacalia exilis* Kuntze, *Cacalia kroneana* Kuntze, *Cacalia linifolia* Kuntze, *Cacalia rotundifolia* Willd, *Cacalia vialis* Kuntze, *Calea cordata* Lour, *Cineraria glaberrima* Spreng. ex DC, *Conyza chinensis* L, *Conyza chinensis* Lam, *Conyza cinerea* L, *Conyza heterophylla* Lam, *Conyza incana* DC, *Conyza prolifera* Lam, *Crassocephalum flatmense* Hochst. & Steud. ex DC, *Cyanopsis decurrens* Zoll. & Mor, *Cyanthillium cinereum* var. *ovatum* Isawumi, *Eupatorium arboreum* Reinw. ex de Vriese, *Eupatorium myosotifolium* Jacq, *Pteronia tomentosa* Lour, *Seneciodes cinereum* (L.) Kuntze ex Kuntze, *Serratula cinerea* (L.) Roxb, *Vernonia abbreviata* DC, *Vernonia cinerea* (L.) Less, *Vernonia exilis* Miq, *Vernonia fasciculata* Blume, *Vernonia kroneana* Miq, *Vernonia vialis* DC, *Vernonia scandens* Ridley ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Ash-coloured fleabane, Little iron weed, , Agas-moro, Akar semboh, Babututuri, Barangam, Buyung-buyung, Chibuzi, Daudotpala, Devasahra, Fenkumburuvaano, Gadlak biro, Garitikamma, Ghaudavalli, Gyantaka, Jhurjhure, Jonge aroi, Kadu-pyan, Kalajira, Kambulic, Kukshim, Lalang-kapan, Marjuna, Mouku fai pula, Mukuttipundu, Namuipe, Osari, Piripudenaba, Puvank-odanthel, Puvankodanthel, Sadodi, Sadori, Sahadevi, Scrashangalamir, Sembung bikul, Sembung kebo, Tambak-tambak, Tombak-tombak ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : feuilles, légumes^{{{0(+x)}} (traduction automatique)} | Original : Leaves, Vegetable^{{{0(+x)}}} Les jeunes feuilles sont comestibles cuites. Ils sont utilisés comme herbe en pot. Il est cuit avec d'autres feuilles pour améliorer la saveur. Attention: Les plantes plus anciennes contiennent du cyanure et devraient être bien cuites. La plante est mise en poudre et ajoutée au millet ou au riz pour faire de la bière et d'autres boissons alcoolisées. Attention: l'alcool est une cause de cancer



néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

Achigan-Dako, E, et al (Eds), 2009, Catalogue of Traditional Vegetables in Benin. International Foundation for Science. (As *Vernonia cinerea*) ; Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 672 (As *Vernonia cinerea*) ; Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 60 (As *Blumea chinensis*) ; Borrell, O.W., 1989, An Annotated Checklist of the Flora of Kairiru Island, New Guinea. Marcellin College, Victoria Australia. p 64 (As *Vernonia cinerea*) ; Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 1. Kew. (As *Vernonia cinerea*) ; Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 2267 (As *Vernonia cinerea*) ; Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 1 (A-H) p 342 ; Codjia, J. T. C., et al, 2003, Diversity and local valorisation of vegetal edible products in Benin. Cahiers Agricultures 12:1-12 (As *Vernonia cinerea*) ; Cribb, A.B. & J.W., 1976, Wild Food in Australia, Fontana. p 136 (As *Vernonia cinerea*) ; Dangol, D. R., 2002, Economic uses of forest plant resources in western Chitwan, Nepal. Banko Janakari, 12(2): 56-64 (As *Vernonia cinerea*) ; Dangol, D. R. et al, 2017, Wild Edible Plants in Nepal. Proceedings of 2nd National Workshop on CUAOGR, 2017. (As *Vernonia cinerea*) ; Dansi, A., et al, 2008, Traditional leafy vegetables and their use in the Benin Republic. Genet Resour Crop Evol (2008) 55:1239â€"1256 ; Dansi, A., et al, 2009, Traditional leafy vegetables in Benin: folk nomenclature, species under threat and domestication. Acta Bot. Gallica 156(2), 183-199 (As *Vernonia cinerea*) ; Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. 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Plant Protection Society of Western Australia. p 108 (As *Vernonia cinerea*) ; Jadhav, R., et al, 2015, Forest Foods of Northern Western Ghats: Mode of Consumption, Nutrition and Availability. Asian Agri-History Vol. 19, No. 4: 293-317 (As *Vernonia cinerea*) ; Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 109 (As *Vernonia cinerea*) ; Kenneally, K.E., Edinger, D. C., and Willing T., 1996, Broome and Beyond, Plants and People of the Dampier Peninsula, Kimberley, Western Australia. Department of Conservation and Land Management. p 69 (As *Vernonia cinerea*) ; Lazarides, M. & Hince, B., 1993, Handbook of Economic Plants of Australia, CSIRO. p 245 (As *Vernonia cinerea*) ; Levitt, D., 1981, Plants and people. Aboriginal uses of plants on Groote Eylandt. Australian Institute of Aboriginal Studies, Canberra. p 89 (var. *lanata*) (As *Vernonia cinerea*) ; Linnaea 4:291. 1829 (As *Vernonia cinerea*) ; Malaisse, F., 1997, Se nourrir en floret claire africaine. Approche écologique et nutritionnelle. CTA., p 91. (As *Vernonia cinerea*) ; Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 79, 184, 186 (Also as *Vernonia cinerea*) ; Maundu, P. et al, 1999, Traditional Food Plants of Kenya. National Museum of Kenya. 288p (As *Vernonia cinerea*) ; Melzer, R. & Plumb, J., 2011, Plants of Capricornia. Belgamba, Rockhampton. p 511 ; Monsalud, M.R., Tongacan, A.L., Lopez, F.R., & Lagrimas, M.Q., 1966, Edible Wild Plants in Philippine Forests. Philippine Journal of Science. p 454 (As *Vernonia cinerea*) ; Ochse, J.J. et al, 1931, Vegetables of the Dutch East Indies. 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PROTA (Plant Resources of Tropical Africa), Wageningen, Netherlands. < <http://database.prota.org/search.htm>>. Accessed 23 October 2009 (As *Vernonia cinerea*) ; Westerway, J., et al, 2018, Preliminary checklist of the naturalised and pest plants of Timor-Leste. *Blumea* 63:157-163 ; Wheeler, J.R.(ed.), 1992, Flora of the Kimberley Region. CALM, Western Australian Herbarium, p 958 (As *Vernonia cinerea*) ; Yuncker, T.G., 1959, Plants of Tonga, Bernice P. Bishop Museum, Hawaii, Bulletin 220. p 265 (As *Vernonia cinerea*)

