

Vangueria madagascariensis J.F.Gmel., 1791 (Vavangue)

Identifiants : 3440/vanmad

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))
Dernière modification le 22/09/2020

- Classification/taxinomie :
 - Famille : Rubiaceae ;
- Synonymes : *Vangueria edulis* ;
- Synonymes français : tamarin espagnol ;
- Nom(s) anglais et/ou international(aux) : Spanish tamarind, smooth wild-medlar ;
- Rusticité (résistance face au froid/gel) : 5/2°C ;

- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) : Partie(s) comestible(s) : fruit ;
Utilisation(s)/usage(s) culinaire(s) : les fruits mûrs peuvent être mangés crus ou cuits ; les fruits immatures ont une texture comme une pomme et les fruits très mûrs flétris ont un goût proche du tamarin ; les fruits sont particulièrement appréciés par les enfants.



Précautions à prendre :

néant, inconnus ou indéterminés.

- Liens, sources et/ou références :

dont classification :

- ["The Plant List" \(en anglais\)](#) ;
- [INPI \(recherche en anglais\)](#) ;

dont Google (recherche de/pour) "*Vangueria madagascariensis*" : [pages](#), [images](#) | "Vavangue" : [pages](#) ;

dont livres et bases de données : "FOOD PLANTS INTERNATIONAL" (en anglais) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

Addis, G., Asfaw, Z & Woldu, Z., 2013, *Ethnobotany of Wild and Semi-wild Edible Plants of Konso Ethnic Community, South Ethiopia. Ethnobotany Research and Applications*. 11:121-141 ; Altschul, S.V.R., 1973, *Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria*. Harvard Univ. Press. Massachusetts. no. 4240 (As *Vangueria edulis*) ; Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 668 ; Asfaw, Z. and Tadesse, M., 2001, *Prospects for Sustainable Use and Development of Wild Food Plants in Ethiopia. Economic Botany*, Vol. 55, No. 1, pp. 47-62 ; Burkill, H. M., 1985, *The useful plants of west tropical Africa*, Vol. 4. Kew. ; Burkill, I.H., 1966, *A Dictionary of the Economic Products of the Malay Peninsula*. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 2259 (As *Vangueria edulis*) ; Bussman, R. W., 2006, *Ethnobotany of the Samburu of Mt Nyiru, South Turkana, Kenya. Journal of Ethnobiology and Ethnomedicine*. 2:35 ; Dalziel, J. M., 1937, *The Useful plants of west tropical Africa*. Crown Agents for the Colonies London. ; Ethiopia: *Famine Food Field Guide*. <http://www.africa.upenn.edu/faminefood/category3.htm> ; Facciola, S., 1998, *Cornucopia 2: a Source Book of Edible Plants*. Kampong Publications, p 213 ; FAO. 1983, *Food and fruit-bearing forest species 1: Examples from Eastern Africa*. FAO Food and Forestry Paper 44/1 p 123 ; *Food Composition Tables for use in Africa* FAO <http://www.fao.org/infoods/directory> No. 101053 ; Hedrick, U.P., 1919, (Ed.), *Sturtevant's edible plants of the world*. p 671 ; Hu, Shiu-ying, 2005, *Food Plants of China*. The Chinese University Press. p 685 (As *Vangueria edulis*) ; Jardin, C., 1970, *List of Foods Used In Africa*, FAO Nutrition Information Document Series No 2.p 167 ;

Katende, A.B., Birnie, A & Tengnas B., 1995, *Useful Trees and Shrubs for Uganda. Identification, Propagation and Management for Agricultural and Pastoral Communities. Technical handbook No 10. Regional Soil Conservation Unit, Nairobi, Kenya.* p 652 ; Lorenzi, H., Bacher, L., Lacerda, M. & Sartori, S., 2006, *Brazilian Fruits & Cultivated Exotics.* Sao Paulo, Instituto Plantarum de Estudos da Flora Ltda. p 524 (*As Vangueria edulis*) ; Lovett, J. C. et al, *Field Guide to the Moist Forest Trees of Tanzania.* p 145 ; Lulekal, E., et al, 2011, *Wild edible plants in Ethiopia: a review on their potential to combat food insecurity.* Afrika Focus - Vol. 24, No 2. pp 71-121 ; Macmillan, H.F. (Revised Barlow, H.S., et al) 1991, *Tropical Planting and Gardening. Sixth edition.* Malayan Nature Society. Kuala Lumpur. p 311 ; Martin, F. W., et al, 1987, *Perennial Edible Fruits of the Tropics.* USDA Handbook 642 p 56 ; Maundu, P. et al, 1999, *Traditional Food Plants of Kenya.* National Museum of Kenya. 288p ; Mbuya, L.P., Msanga, H.P., Ruffo, C.K., Birnie, A & Tengnas, B., 1994, *Useful Trees and Shrubs for Tanzania. Regional Soil Conservation Unit. Technical Handbook No 6.* p 498 ; Mengistu, F. & Hager, H., 2008, *Wild Edible Fruit Species Cultural Domain, Informant Species Competence and Preference in Three Districts of Amhara Region, Ethiopia.* Ethnobotany Research & Applications 6:487-502 ; Msuya, T. S., et al, 2010, *Availability, Preference and Consumption of Indigenous Foods in the Eastern Arc Mountains, Tanzania,* Ecology of Food and Nutrition, 49:3, 208-227 ; Musinguzi, E., et al, 2006, *Utilization of Indigenous Food Plants in Uganda: A Case Study of South-Western Uganda.* AJFAND Vol. 6(2): ; Newman, 1970, ; Ocho, D. L., et al, 2012, *Assessing the levels of food shortage using the traffic light metaphor by analyzing the gathering and consumption of wild food plants, crop parts and crop residues in Konso, Ethiopia.* Journal of Ethnobiology and Ethnomedicine 8:30 ; Oryema, C., et al, 2013, *Edible wild fruit species of Gulu District, Uganda.* International Journal of Biology and Biological Sciences Vol 2(4) pp 068-082 ; *Plants of Haiti* Smithsonian Institute [http://botany.si.edu/antilles/West Indies](http://botany.si.edu/antilles/West%20Indies) ; Ruffo, C. K., Birnie, A. & Tengnas, B., 2002, *Edible Wild Plants of Tanzania.* RELMA p 706 ; Schatz, G.E., 2001, *Generic Tree Flora of Madagascar.* Royal Botanical Gardens, Kew and Missouri Botanical Garden. p 345 ; Schmidt, E., Lotter, M., & McClelland, W., 2007, *Trees and shrubs of Mpumalanga and Kruger National Park.* Jacana Media p 656 ; Staples, G.W. and Herbst, D.R., 2005, *A tropical Garden Flora.* Bishop Museum Press, Honolulu, Hawaii. p 498 ; *Swaziland's Flora Database* <http://www.sntc.org.sz/flora> ; Syst. nat. 2(1):367. 1791 ; USDA, ARS, *National Genetic Resources Program. Germplasm Resources Information Network - (GRIN).* [Online Database] National Germplasm Resources Laboratory, Beltsville, Maryland. Available: www.ars-grin.gov/cgi-bin/npgs/html/econ.pl (10 April 2000) ; Vivien, J., & Faure, J.J., 1996, *Fruitiers Sauvages d'Afrique. Espèces du Cameroun.* CTA p 292 ; <http://cookislands.bishopmuseum.org>