

Sesuvium portulacastrum (L.) L., 1759 (Pourpier de mer)

Identifiants : 5874/sespor

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))
Dernière modification le 01/10/2020

- Classification/taxinomie :
 - Famille : Aizoaceae ;
- Nom(s) anglais et/ou international(aux) : seaside purslane ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) : Feuilles, légume $\mu\{\{0(+x)\}\}$. Les jeunes feuilles sont cuites et consommées (l'eau doit être changée car elles sont parfois salées $\mu\{\{0(+x)\}\}$ comme potherbe $\mu\{\{(dp^*)\}\}$; elles sont également consommées crues, avec des sauces de poisson, ou picklées $\mu\{\{0(+x)\}\}$.



Précautions à prendre :

néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):



The botanist's repository [H.C. Andrews] (vol. 3: t. 201 ; 1801-1802) [H.C. Andrews], via

- Liens, sources et/ou références :
 - Wikipedia :
 - https://fr.wikipedia.org/wiki/Sesuvium_portulacastrum (en français) ;
 - http://en.wikipedia.org/wiki/Sesuvium_portulacastrum (source en anglais) ;
 - http://es.wikipedia.org/wiki/Sesuvium_portul (source en espagnol) ;

dont classification :

- ["The Plant List" \(en anglais\)](#) ;
- [INPI \(recherche, en anglais\)](#) ;

dont Google (recherche de/pour) "Sesuvium portulacastrum" : [pages](#), [images](#) / "Pourpier de mer" : [pages](#) ;

dont livres et bases de données : 0"FOOD PLANTS INTERNATIONAL" (en anglais) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 570 ; Brown, W.H., 1920, *Wild Food Plants of the Philippines*. Bureau of Forestry Bulletin No. 21 Manila. p 54 ; Burkill, H. M., 1985, *The useful plants of west tropical Africa*, Vol. 1. Kew. ; Busson, 1965, ; Cowie, I, 2006, *A Survey of Flora and vegetation of the proposed Jaco-Tutuala-Lore National Park. Timor-Lests (East Timor)* www.territorystories.nt/gov.au p 42 ; Cribb, A.B. & J.W., 1976, *Wild Food in Australia*, Fontana. p 128 ; Facciola, S., 1998, *Cornucopia 2: a Source Book of Edible Plants*. Kampong Publications, p 4 ; *Flora of Australia*, Volume 4, *Phytolaccaceae to Chenopodiaceae*, Australian Government Publishing Service, Canberra (1984) p 61 ; *Flora of Australia Volume 49, Oceanic Islands 1*, Australian Government Publishing Service, Canberra. (1994) p 79 ; *Flora Malesiana Vol 13* p 272 ; *Food Composition Tables for use in East Asia* FAO <http://www.fao.org/infoods/directory> No. 734 ; Grivetti, L. E., 1980, *Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa*, Report to the Department of State Agency for International Development. p 26, 48 ; Grubben, G. J. H. and Denton, O. A. (eds), 2004, *Plant Resources of Tropical Africa 2. Vegetables*. PROTA, Wageningen, Netherlands. p 468 ; Jardin, C., 1970, *List of Foods Used In Africa*, FAO Nutrition Information Document Series No 2.p 101 ; Kenneally, K.E., Edinger, D. C., and Willing T., 1996, *Broome and Beyond, Plants and People of the Dampier Peninsula, Kimberley, Western Australia*. Department of Conservation and Land Management. p 53 ; Lazarides, M. & Hince, B., 1993, *Handbook of Economic Plants of Australia*, CSIRO. p 217 ; Levitt, D., 1981, *Plants and people. Aboriginal uses of plants on Groote Eylandt*, Australian Institute of Aboriginal Studies, Canberra. p 80 ; Low, T., 1991, *Wild Herbs of Australia and New Zealand*. Angus & Robertson. p 61 ; Low, T., 1991, *Wild Food Plants of Australia*. Australian Nature FieldGuide, Angus & Robertson. p 26 ; Low, T., 1992, *Bush Tucker. Australia's Wild Food Harvest*. Angus & Robertson. p 133 ; Martin, F.W. & Ruberte, R.M., 1979, *Edible Leaves of the Tropics*. Antillian College Press, Mayaguez, Puerto Rico. p 172, 200 ; McMakin, P.D., 2000, *Flowering Plants of Thailand. A Field Guide*. White Lotus. p 72 ; Monsalud, M.R., Tongacan, A.L., Lopez, F.R., & Lagrimas, M.Q., 1966, *Edible Wild Plants in Philippine Forests*. Philippine Journal of Science. p 434 ; Morley, B.D., & Toelken, H.R., (Eds), 1983, *Flowering Plants in Australia*. Rigby. p 73 ; Ochse, J.J. et al, 1931, *Vegetables of the Dutch East Indies*. Asher reprint. p 5 ; Paczkowska, G. & Chapman, A.R., 2000, *The Western Australian Flora. A Descriptive Catalogue*. Western Australian Herbarium. p 135 ; Peekel, P.G., 1984, (Translation E.E.Henty), *Flora of the Bismarck Archipelago for Naturalists*, Division of Botany, Lae, PNG. p 174, 175 ; Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, *Edible Wild plants of Sub-saharan Africa*. Kew. p 46 ; Pham-Hoang Ho, 1999, *An Illustrated Flora of Vietnam*. Nha Xuat Ban Tre. p 720 ; Phon, P., 2000, *Plants used in Cambodia*. © Pauline Dy Phon, Phnom Penh, Cambodia. p 556 ; *Plants of Haiti* Smithsonian Institute <http://botany.si.edu> ; Ruffo, C. K., Birnie, A. & Tengnas, B., 2002, *Edible Wild Plants of Tanzania*. RELMA p 610 ; Ryan, M. (Ed.), 2003, *Wild Plants of Greater Brisbane*. Queensland Museum. p 40 ; Shah, G.L., 1984, *Some economically important plant of Salsette Island near Bombay*. J. Econ. Tax. Bot. Vol. 5 No. 4 pp 753-765 ; SHORTT, ; Singh, H.B., Arora R.K., 1978, *Wild edible Plants of India*. Indian Council of Agricultural Research, New Delhi. p 37, 85 ; Smith, A.C., 1981, *Flora Vitiensis Nova, Lawaii, Kuai, Hawaii, Volume 2* p 270 ; *Syst. nat. ed. 10, 2:1058*. 1759 ; Townsend, K., 1994, *Across the Top. Gardening with Australian Plants in the tropics*. Society for Growing Australian Plants, Townsville Branch Inc. p 335 ; Wheeler, J.R.(ed.), 1992, *Flora of the Kimberley Region*. CALM, Western Australian Herbarium, p 90 ; Williams, K.A.W., 1999, *Native Plants of Queensland Volume 4*. Keith A.W. Williams North Ipswich, Australia. p 354 ; Yuncker, T.G., 1959, *Plants of Tonga*, Bernice P. Bishop Museum, Hawaii, Bulletin 220. p 111