

# ***Polyscias scutellaria* (Burm. f.) FR Fosberg, 1948 (Valanguar popo)**

**Identifiants : 2633/polscu**

**Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))  
Dernière modification le 29/09/2020**

- **Classification/taxinomie :**
  - **Famille :** Araliaceae ;
- **Synonymes français :** shield aralia, dinner plate aralia, polyscias scutellaire, olyscie scutélaire, aralia de Balfour ;
- **Nom(s) anglais et/ou international(aux) :** saucer leaf, cup leaf papua ;
- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :** Partie(s) comestible(s) : feuilles, légume. Utilisation(s)/usage(s) culinaire(s) : les jeunes feuilles et pousses sont cuites et mangées (comme pothebe).



**Précautions à prendre :**

**néant, inconnus ou indéterminés.**

- **Liens, sources et/ou références :**

**dont classification :**

- ["The Plant List" \(en anglais\) ;](#)
- [INPI \(recherche. en anglais\) ;](#)

**dont Google (recherche de/pour) "*Polyscias scutellaria*" :** [pages](#), [images](#) | "*Valanguar popo*" : [pages](#) ;

**dont livres et bases de données :** 0"FOOD PLANTS INTERNATIONAL" (en anglais) ;

**dont biographie/références de "FOOD PLANTS INTERNATIONAL" :**

Andarwulan, N., et al, 2010, Flavonoid content and antioxidant activity of vegetables from Indonesia. Food Chemistry 121: 1231-1235 (As *Nothopanax scutellarium*) ; Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 1589 (As *Nothopanax scutellarium*) ; Clarke, W.C. & Thaman, R.R., 1993, Agroforestry in the Pacific Islands: Systems for sustainability. United Nations University Press. New York. p 255 ; Conn, B.J., (Ed.) 1995, Handbooks of the Flora of Papua New Guinea. Vol 3. Melbourne University Press. p 34 ; Elliot, W.R., & Jones, D.L., 1997, Encyclopedia of Australian Plants suitable for cultivation. Vol 7. Lothian. p 421 ; Food Composition Tables for use in East Asia FAO <http://www.fao.org/infoods/directory> No. 499 ; French, B.R., 2010, Food Plants of Solomon Islands. A Compendium. Food Plants International Inc. p 93 ; Henderson, C.P. and I.R.Hancock, 1988, A Guide to the Useful Plants of the Solomon Islands. Res. Dept. Min of Ag. & Lands. Honiara, Solomon Islands. p 111 ; Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 238 ; Lugod, G.C. and de Padua L.S., 1979, Wild Food Plants in the Philippines. Vol. 1. Univ. of Philippines Los Banos. p 18 (As *Polyscias cochleatum*) ; Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 177 ; Occas. Pap. Univ. Hawaii 46:9. 1948 ; Ochse, J.J. et al, 1931, Vegetables of the Dutch East Indies. Asher reprint. p 67 ; Oomen, H.A.P.C., & Grubben, G.J.H., 1978, Tropical Leaf Vegetables in Human Nutrition, Communication 69, Department of Agricultural research, RTI Amsterdam, p 36, 97 ; Owen, S., 1993, Indonesian Food and Cookery, INDIRA reprints. p 53 ; Peekel, P.G., 1984, (Translation E.E.Henty), Flora of the Bismarck Archipelago for Naturalists, Division of Botany, Lae, PNG. p 424, 423 ; Samy, J., Sugumaran, M., Lee, K. L. W., 2009, Herbs of Malaysia, Marshall Cavendish. p 201 ; Smith, A.C., 1985, Flora Vitiensis Nova, Lawaii, Kuai, Hawaii, Volume 3 p 638 ; Staples, G.W. and Herbst, D.R., 2005, A tropical Garden Flora. Bishop Museum Press, Honolulu, Hawaii. p 136 (Drawing) ; Terra, G.J.A., 1973, Tropical Vegetables. Communication 54e Royal Tropical Institute, Amsterdam, p 63

**; Walter, A. & Lebot, V., 2007, *Gardens of Oceania*. ACIAR Monograph No. 122. p 171 ; Whistler, W. A., 1988, *Ethnobotany of Tokelau: The Plants, Their Tokelau Names, and Their Uses*. *Economic Botany* 42(2): 155-176**