

# Phoenix dactylifera L., 1753 (Palmier-dattier)

Identifiants : 2525/phodac

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))  
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- **Classification/taxinomie :**
  - **Famille :** *Arecaceae* ;
- **Synonymes français :** *dattier, palmier dattier* ;
- **Nom(s) anglais et/ou international(aux) :** *date, date palm, nakhl (ar), Dattelpalme (de), tamareira (pt), palmera datilera (es), dadelpalm (sv)* ;
- **Rusticité (résistance face au froid/gel) :** *-10/-8 (-5,5/-6/-7 ?)* ;
- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :** *Partie(s) comestible(s)μ{{0(+x)μ : fruit, chou, sève, coeur de palmier, fleur, huile de noixμ{{0(+x)μ. Utilisation(s)/usage(s)μ{{0(+x)μ culinaire(s) :*
  - le fruit est consommé frais ou séché ; ils sont également utilisés pour les confitures et les conserves ;
  - les noyaux de dattes peuvent être fermentés ou rôtis/torréfiés et utilisés comme un substitut de café ;
  - ils peuvent être pressés pour leur huile ;
  - les dattes sont également pressées pour leur jus ;
  - la sève est utilisée pour le jaggery (ou gur) et le sucre ;
  - la fleur mâle peut être mangée ;
  - le pollen est consomméμ{{0(+x)μ.



Précautions à prendre :

*néant, inconnus ou indéterminés.*

- **Catégories :** *pcg* ;
- **Nombre de graines au gramme :** *1,33* ;
- **Liens, sources et/ou références :**

*dont classification :*

- ["The Plant List" \(en anglais\)](#) ;
- ["GRIN" \(en anglais\)](#) ;
- [INPI \(recherche, en anglais\)](#) ;

*dont Google (recherche de/pour) "Phoenix dactylifera" : [pages](#), [images](#) | "Palmier-dattier" : [pages](#) ;*

*dont livres et bases de données : 0"FOOD PLANTS INTERNATIONAL" (en anglais) ;*

*dont biographie/références de "FOOD PLANTS INTERNATIONAL" :*

*Alexander, D.M., Scholefield, P.B., Frodsham, A., 1982, Some tree fruits for tropical Australia. CSIRO, Australia. p 19 ; Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 447 ; Bailey, C. and Danin, A., 1981, Bedouin Plant Utilization in Sinai and the Negev. Economic Botany 35(2): 145-162 ; Balick, M.J. and Beck, H.T., (Ed.), 1990, Useful palms of the World. A Synoptic Bibliography. Colombia p 121 ; Bekele-Tesemma A., Birnie, A., & Tengnas, B., 1993, Useful Trees and Shrubs for Ethiopia. Regional Soil Conservation Unit. Technical Handbook No 5. p 348 ; Bernholt, H. et al, 2009, Plant species richness and diversity in urban and peri-urban gardens of Niamey,*

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