

# ***Passiflora foetida L., 1753***

## **(*Passiflore poc-poc*)**

**Identifiants : 23213/pasfoe**

**Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)**

**Fiche réalisée par Patrick Le Ménahèze**

**Dernière modification le**

- **Classification phylogénétique :**

- **Clade : Angiospermes ;**
- **Clade : Dicotylédones vraies ;**
- **Clade : Rosidées ;**
- **Clade : Fabidées ;**
- **Ordre : Malpighiales ;**
- **Famille : Passifloraceae ;**

- **Classification/taxinomie traditionnelle :**

- **Règne : Plantae ;**
- **Sous-règne : Tracheobionta ;**
- **Division : Magnoliophyta ;**
- **D̄r̄esséda Magnoliopsida ;**
- **Ordre : Violales ;**
- **Famille : Passifloraceae ;**
- **Genre : Passiflora ;**

- **Synonymes : *Passiflora gossypiifolia* Ham, *Passiflora hirsuta* Lodd, *Passiflora hispida* DC, *Passiflora pyadena* Vell ;**

- **Synonymes français : rambusa, ermot ;**

- **Nom(s) anglais, local(aux) et/ou international(aux) : passionflower , Akar mentimun, Akolebodjou, Bongambosy, Bulppul, Chadayan, Cheplukan blungsun, Chum bao, Dhaagandu kekuri, Du coc, Ganga, Granadilla Colorada, Katok rok, Kathon-kok, Kacheprek, Kasipora, Kasireli, Koth bel, Kukkiballi, Kwalo kakali, Lamurel, Lota bel, Love-in-a-mist, Markisa, Maveve, Mewa, Mupparisavalli, Nhan long, Pachean, Pasio fao, Permot, Pokok lang bulu, Poochapalam, Poochapazham, Poonakkali, Popodala, Pottli, Pwompwompw, Qolomasu, Rajutan, Randa bolong, Saw maw, Shoshori, Shoshoro, Siruppunaikkalli, Sisi, Stinking passionflower, Suti ropu, Sukar-gale, Sweet rope, Tam nin farang, Tao sing to, Taw-suka, Tellajumiki, Thevu-um, Timun dendang, Timun hutan, Timun padang, Wild water lemon, Wusu baarup, Ya rok chang ;**

- **Rusticité (résistance face au froid/gel) : -3°C (-1°C) ;**



- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :**

**Partie(s) comestible(s)<sup>(((0(+x)</sup> : **fruit, feuilles, graines<sup>(((0(+x)</sup>.****

**Utilisation(s)/usage(s)<sup>(((0(+x)</sup> culinaire(s) :**

**-les fruits mûrs sont consommés crus ;**

**-les graines sont également consommées ;**

**-les jeunes tiges et les feuilles sont bouillies et consommées dans les soupes en période de pénurie alimentaire<sup>(((0(+x)</sup>.(1\*)**

**Les fruits mûrs sont consommés crus. Les graines sont également consommées. Les jeunes tiges et feuilles sont bouillies et mangées en soupe en période de pénurie alimentaire. Ils sont également utilisés pour faire un verre. ATTENTION Les fruits et les feuilles non mûrs sont considérés comme toxiques. Ils contiennent du cyanure et peuvent donc être crus toxiques**

**Partie testée : fruit<sup>(((0(+x)</sup> (traduction automatique)**

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
64.2	421	101	4.9	0	5	8.4	1.1



Précautions :

(1\*)ATTENTION<sup>0(+x)</sup> : le fruit vert et les feuilles sont prétendues être toxiques ; elles contiennent du cyanure et peuvent donc être toxiques crus<sup>0(+x)</sup>.

- Illustration(s) (photographie(s) et/ou dessin(s)):

- Liens, sources et/ou références :

dont classification :

- "The Plant List" (en anglais) : [www.theplantlist.org/tpl1.1/record/kew-2559676](http://www.theplantlist.org/tpl1.1/record/kew-2559676) ;

dont livres et bases de données :<sup>0</sup>"Food Plants International" (en anglais) ;

dont biographie/références de<sup>0</sup>"FOOD PLANTS INTERNATIONAL" :

Achigan-Dako, E, et al (Eds), 2009, Catalogue of Traditional Vegetables in Benin. International Foundation for Science. ; Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 433 ; Ambe, G., 2001, Les fruits sauvages comestibles des savanes guineennes de Côte-d'Ivoire: état de la connaissance par une population locale, les Malinke. Biotechnol. Agron. Soc. Environ. 5(1), 43-48 ; Anderson, E. F., 1993, Plants and people of the Golden Triangle. Dioscorides Press. p 217 ; Bindon, P., 1996, Useful Bush Plants. Western Australian Museum. p 195 ; Burkhill, H. M., 1985, The useful plants of west tropical Africa, Vol. 4. Kew. ; Burkhill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 1705 ; Chin, H.F., & Yong, H.S., 1996, Malaysian Fruits in Colour. Tropical press, Kuala Lumpur p 79 ; Cooper, W. and Cooper, W., 2004, Fruits of the Australian Tropical Rainforest. Nokomis Editions, Victoria, Australia. p 392 ; Cowie, I, 2006, A Survey of Flora and vegetation of the proposed Jaco-Tutuala-Lore National Park. Timor-Leste (East Timor) [www.territorystories.nt.gov.au](http://www.territorystories.nt.gov.au) p 52 ; Cribb, A.B. & J.W., 1976, Wild Food in Australia, Fontana. p 67 ; Cruz-Garcia, G. S., & Price, L. L., 2011, Ethnobotanical investigation of 'wild' food plants used by rice farmers in Kalasin, Northeast Thailand. Journal of Ethnobiology and Ethnomedicine 7:33 ; Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 991 ; Flora of Australia, Volume 8, Lecythidales to Batales, Australian Government Publishing Service, Canberra (1982) p 158 ; Flora of Pakistan. [www.eFloras.org](http://www.eFloras.org) ; Flowerdew, B., 2000, Complete Fruit Book. Kyle Cathie Ltd., London. p 136 ; French, B.R., 1986, Food Plants of Papua New Guinea, A Compendium. Asia Pacific Science Foundation p 254 ; French, B.R., 2010, Food Plants of Solomon Islands. A Compendium. Food Plants International Inc. p 248 ; Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 466 ; Henty, E.E., & Pritchard, G.S., 1973, Weeds of New Guinea and their control. Botany Bulletin No 7, Division of Botany, Lae, PNG. p 134 ; Henty, E.E., 1980, Harmful Plants in Papua New Guinea. Botany Bulletin No 12. Division Botany, Lae, Papua New Guinea. p 114, 115 ; Hiddins, L., 1999, Explore Wild Australia with the Bush Tucker Man. Penguin Books/ABC Books. p 132 ; Hoe, V. B. & Siong, K. H., 1999, The nutritional value of indigenous fruit and vegetables in Sarawak. Asia Pacific J. Clin. Nutr. 8(1):24-31 ; Hussey, B.M.J., Keighery, G.J., Cousens, R.D., Dodd, J., Lloyd, S.G., 1997, Western Weeds. A guide to the weeds of Western Australia. Plant Protection Society of Western Australia. p 194 ; Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 565 ; Jackes, B.R., 2001, Plants of the Tropics. Rainforest to Heath. An Identification Guide. James Cook University. p 72 ; Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 93, 153 ; Kenneally, K.E., Edinger, D. C., and Willing T., 1996, Broome and Beyond, Plants and People of the Dampier Peninsula, Kimberley, Western Australia. Department of Conservation and Land Management. p 164 ; Lamp, C & Collet F., 1989, Field Guide to Weeds in Australia. Inkata Press. p 205 ; Lazarides, M. & Hince, B., 1993, Handbook of Economic Plants of Australia, CSIRO. p 184 ; Liengola, I. B., 2001, A contribution to the study of native edible plants by the Turumbu and Lokele of the Tshopo District, Province

*Orientale, D. R. Congo. Syst. Geogr. Pl. 71:687-698* ; Levitt, D., 1981, *Plants and people. Aboriginal uses of plants on Groote Eylandt. Australian Institute of Aboriginal Studies, Canberra.* p 116 ; Llamas, K.A., 2003, *Tropical Flowering Plants. Timber Press.* p 310 ; Lorenzi, H., Bacher, L., Lacerda, M. & Sartori, S., 2006, *Brazilian Fruits & Cultivated Exotics. Sao Paulo, Instituto Plantarum de Estudos da Flora Ltda.* p 264 ; Low, T., 1991, *Wild Herbs of Australia and New Zealand. Angus & Robertson.* p 109 ; Low, T., 1992, *Bush Tucker. Australia's Wild Food Harvest. Angus & Robertson.* p 77 ; Martin, F.W. & Ruberte, R.M., 1979, *Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico.* p 211 ; Martin, M.A., 1971, *Introduction L'Ethnobotanique du Cambodge. Centre National de la Recherche Scientifique. Paris.* ; McMakin, P.D., 2000, *Flowering Plants of Thailand. A Field Guide. White Lotus.* p 100 ; Mot So Rau Dai an Duoc O Vietnam. *Wild edible Vegetables. Ha Noi* 1994, p 162 ; Nkeoua, G. & Boundzanga, G. C., 1999, *Donnees sur les produits forestieres non ligneux en Republique du Congo. FAO.* p 33 ; Ogle, B. M., et al, 2003, *Food, Feed or Medicine: The Multiple Functions of Edible Wild Plants in Vietnam. Economic Botany* 57(1): 103-117 ; Omawale, 1973, *Guyana's edible plants. Guyana University, Georgetown* p 54 ; Patiri, B. & Borah, A., 2007, *Wild Edible Plants of Assam. Geethaki Publishers.* p 60 ; Peekel, P.G., 1984, (Translation E.E.Henty), *Flora of the Bismarck Archipelago for Naturalists, Division of Botany, Lae, PNG.* p 387, 388 ; Petheram, R.J. and Kok, B., 2003, *Plants of the Kimberley Region of Western Australia. UWA Press* p 187 ; Pham-Hoang Ho, 1999, *An Illustrated Flora of Vietnam. Nha Xuat Ban Tre.* p 555 ; Phon, P., 2000, *Plants used in Cambodia. © Pauline Dy Phon, Phnom Penh, Cambodia.* p 491 ; PROSEA No. 2 ; Purseglove, J.W., 1968, *Tropical Crops Dicotyledons, Longmans.* p 421 ; Ramachandran, V.S., 1987, *Further Notes on the Ethnobotany of Cannanore District, Kerala. J. Econ. Tax. Bot. Vol. 11 No. 1 pp 47-* ; Sarma, H., et al, 2010, *Updated Estimates of Wild Edible and Threatened Plants of Assam: A Meta-analysis. International Journal of Botany* 6(4): 414-423 ; Sasi, R. & Rajendran, A., 2012, *Diversity of Wild Fruits in Nilgiri Hills of the Southern Western Ghats - Ethnobotanical Aspects. IJABPT, 3(1)* p 82-87 ; Smith, N and Wightman, G.M., 1990, *Ethnobotanical Notes from Belyuen Northern Territory Australia. Northern Territory Botanical Bulletin No 10. Parks and Wildlife Commission of the Northern Territory.* p 19, 20 ; Smith, Nicholas et al. 1993, *Ngarinyman Ethnobotany: Aboriginal Plant Use from the Victoria River Area Northern Australia. Northern Territory Botanical Bulletin No 16. Parks and Wildlife Commission of the Northern Territory.* p 39, 37 ; Sp. pl. 2:959. 1753 ; Staples, G.W. and Herbst, D.R., 2005, *A tropical Garden Flora. Bishop Museum Press, Honolulu, Hawaii.* p 450 ; Termote, C., et al 2011, *Eating from the wild: Turumbu, Mbole and Bali traditional knowledge of non-cultivated edible plants, District Tshopo, DR Congo, Gen Resour Crop Evol.* 58:585-618 ; Thaman, R.R., 1976, *The Tongan Agricultural System. University of the South Pacific, Suva, Fiji.* p 416 ; Van den Eynden, V., et al, 2003, *Wild Foods from South Ecuador. Economic Botany* 57(4): 576-603 ; van Roosmalen, M.G.M., 1985, *Fruits of the Guianan Flora. Utrecht Univ. & Wageningen Univ.* p 356 ; Walter, A. & Lebot, V., 2007, *Gardens of Oceania. ACIAR Monograph No. 122.* p 209 ; Wheeler, J.R.(ed.), 1992, *Flora of the Kimberley Region. CALM, Western Australian Herbarium,* p 245 ; Wightman, G. & Andrews, M., 1991, *Bush Tucker Identikit. Common Native Food Plants of Australia's top end. Conservation Commission Northern Territory.* p 52 ; Wightman, G. M. & Andrews, M.R., 1989, *Plants of Northern Territory Monsoon Vine Forests (Vol 1). Conservation Commission of Northern Territory.* p 134 ; Wightman, Glenn et al. 1992, *Mudburra Ethnobotany: Aboriginal Plant Use from Kulumindini (Elliott) Northern Australia. Northern Territory Botanical Bulletin No 14. Parks and Wildlife Commission of the Northern Territory.* p 28, 29. ; Wightman, Glenn et al. 1992, *Mangarrayi Ethnobotany: Aboriginal Plant Use from the Elsey Area Northern Australia. Northern Territory Botanical Bulletin No 15. Parks and Wildlife Commission of the Northern Territory.* p 38, 37. ; Wightman, Glenn et al. 1994, *Gurindji Ethnobotany: Aboriginal Plant Use from Daguragu Northern Australia. Northern Territory Botanical Bulletin No 18. Parks and Wildlife Commission of the Northern Territory.* p 42, 41. ; Wightman, G. & Brown, J., 1994, *Jawoyn Plant Identikit, Common Useful Plants in the Katherine Area of Northern Australia. Conservation Commission Northern Territory.* p 57 ; Yuncker, T.G., 1959, *Plants of Tonga, Bernice P. Bishop Museum, Hawaii, Bulletin 220.* p 192 ; Yunupinu Banjul, Laklak Yunupinu-Marika, et al. 1995, *Rirratjinu Ethnobotany: Aboriginal Plant Use from Yirrkala, Arnhem Land, Australia. Northern Territory Botanical Bulletin No 21. Parks and Wildlife Commission of the Northern Territory.* p 62.