

Passiflora edulis Sims, 1818 (Grenadille)

Identifiants : 2416/pasedu

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))
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- **Classification/taxinomie :**
 - **Famille :** Passifloraceae ;
- **Synonymes français :** fruit de la passion {fruit}, maracuja ;
- **Nom(s) anglais et/ou international(aux) :** common passionfruit, purple granadilla, purple granadilla [f.edulis], purple passionfruit [f.edulis], yellow passionfruit, grenadella (af), Eierfrucht [f.edulis] (de), Maracuja [f.edulis] (de), Purpurgrenadille [f.edulis] (de), maracujá [f.flavicarpa] (pt), maracujá [f.edulis] (pt), maracujá (pt,br), maracujá-comum (pt,br), maracujá-de-comer (pt), maracujá-de-ponche (pt,br), maracujá-do-mato (pt,br), maracujá-doce (pt,br), maracujá-mirim (pt,br), maracujá-peroba (pt,br), maracujá-preto (pt,br), maracujá-redondo (pt,br), granada de castilla [f. edulis] (es), granadilla [f.edulis] (es), maracuyá [f.edulis] (es), maracuyá amarillo [f. flavicarpa] (es), maracuja [f. flavicarpa] (sv), passionsfrukt (sv) ;
- **Rusticité (résistance face au froid/gel) :** 0,8 ;
- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :** Partie(s) comestible(s)μ{{0(+x)μ : fruit, graines - huileμ{{0(+x)μ.
Utilisation(s)/usage(s)μ{{0(+x)μ culinaire(s) :
 - la partie charnue du fruit est consommée crue ; les fruits de la passion sont également utilisés pour aromatiser les jus et d'autres aliments ; il est utilisé dans les sorbets, flans, gâteaux, sauces, tartes, soupes de fruits, bonbons et la crème glacée.
 - les graines sont comestibles ; elles donnent aussi une huile comestibleμ{{0(+x)μ.



Précautions à prendre :

néant, inconnus ou indéterminés.

- **Nombre de graines au gramme :** 60 ;
- **Liens, sources et/ou références :**

dont classification :

- ["The Plant List" \(en anglais\)](#) ;
- ["GRIN" \(en anglais\)](#) ;
- [INPI \(recherche, en anglais\)](#) ;

dont Google (recherche de/pour) "Passiflora edulis" : [pages](#), [images](#) | "Grenadille" : [pages](#) ;

dont livres et bases de données : 0"FOOD PLANTS INTERNATIONAL" (en anglais) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

Abbiw, D.K., 1990, *Useful Plants of Ghana. West African uses of wild and cultivated plants. Intermediate Technology Publications and the Royal Botanic Gardens, Kew.* p 42 ; Achigan-Dako, E, et al (Eds), 2009, *Catalogue of Traditional Vegetables in Benin. International Foundation for Science.* ; Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India. CSIR India.* p 433 ; Anderson, E. F., 1993, *Plants and people of the Golden Triangle. Dioscorides Press.* p 217 ; Bernholt, H. et al, 2009, *Plant species richness and diversity in urban and peri-urban gardens of Niamey, Niger. Agroforestry Systems* 77:159-179 ; Bianchini, F., Corbetta, F., and Pistoia, M., 1975, *Fruits of the Earth. Cassell.* p 174 ; Bodkin, F., 1991, *Encyclopedia Botanica. Cornstalk publishing,* p 764 ; *Bot. Mag.* 45: t. 1989.

1818 ; Brickell, C. (Ed.), 1999, *The Royal Horticultural Society A-Z Encyclopedia of Garden Plants*. Convent Garden Books. p 755 ; Burkill, H. M., 1985, *The useful plants of west tropical Africa*, Vol. 4. Kew. ; Burkill, I.H., 1966, *A Dictionary of the Economic Products of the Malay Peninsula*. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 1704 ; Cheifetz, A., (ed), 1999, *500 popular vegetables, herbs, fruits and nuts for Australian Gardeners*. Random House p 214 ; Cooper, W. and Cooper, W., 2004, *Fruits of the Australian Tropical Rainforest*. Nokomis Editions, Victoria, Australia. p 392 ; Coronel, R.E., 1982, *Fruit Collections in the Philippines*. IBPGR Newsletter p 8 ; Crandall, C & Crandall, B., 1996, *Flowering Fruiting and Foliage vines*. Sterling. p 92 ; Cribb, A.B. & J.W., 1976, *Wild Food in Australia*, Fontana. p 67 ; Cull, B.W., 1995, *Fruit Growing in Warm Climates*. 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(Eds.), 1994, *Neglected Crops. 1492 from a different perspective*. FAO Plant Production and Protection Series No 26. FAO, Rome. p16 ; Hibbert, M., 2002, *The Aussie Plant Finder 2002, Florilegium*. p 220 ; Hu, Shiu-ying, 2005, *Food Plants of China*. The Chinese University Press. p 565 ; Jackes, B.R., 2001, *Plants of the Tropics. Rainforest to Heath. An Identification Guide*. James Cook University. p 72 ; Jardin, C., 1970, *List of Foods Used In Africa*, FAO Nutrition Information Document Series No 2.p 153 ; John, L., & Stevenson, V., 1979, *The Complete Book of Fruit*. Angus & Robertson p 214 ; Katende, A.B., Birnie, A & Tengnas B., 1995, *Useful Trees and Shrubs for Uganda. Identification, Propagation and Management for Agricultural and Pastoral Communities. Technical handbook No 10. Regional Soil Conservation Unit, Nairobi, Kenya*. p 480 ; Kiple, K.F. & Ornelas, K.C., (eds), 2000, *The Cambridge World History of Food*. 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