

# *Opuntia ficus-indica* (L.) Mill., 1768 (Figuier de barbarie)

Identifiants : 2354/opufic

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))  
Dernière modification le 26/09/2020

- **Classification/taxinomie :**
  - Famille : Opuntioideae ;
- **Synonymes français :** oponce, cactus 'Oreilles de Mickey', figuier d'Inde, nopal ;
- **Nom(s) anglais et/ou international(aux) :** Barbary-fig, Indian-fig (Indian fig), Indian-fig prickly-pear, mission cactus, mission prickly-pear, prickly-pear, smooth mountain prickly-pear, smooth prickly-pear, spineless cactus, sweet prickly-pear (sweet prickly pear), tuberous prickly-pear, tuna cactus , boereturksvy (af), grootdoringturksvy (af) ;
- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :** Partie(s) comestible(s) : fruit, graines, tiges, légume  
**Utilisation(s)/usage(s) comestible(s) :**
  - les fruits mûrs sont consommés ; les fruits secs sont utilisés dans les sucreries ; ils sont également utilisés pour les confitures, gelées et vins ; la pulpe fermentée est mélangée avec de la farine et des noix pour faire un plat italien ; la pulpe du fruit sans graines est préparé comme une sauce pour les pâtes ;
  - les jeunes tiges sont utilisées comme légume ou dans les pickles (marinades)



Précautions à prendre :

néant, inconnus ou indéterminés.

- **Liens, sources et/ou références :**
  - **Wikipedia :**
    - [https://fr.wikipedia.org/wiki/Figuier\\_de\\_Barbarie\\_\(en\\_français\)](https://fr.wikipedia.org/wiki/Figuier_de_Barbarie_(en_français)) ;
  - **Fruits Oubliés :** <https://association.fruits.oublies.pagesperso-orange.fr/contrib/figuierbarbarie/figuebar.html> ;  
**dont classification :**
  - ["The Plant List" \(en anglais\)](#) ;
  - [INPI \(recherche. en anglais\)](#) ;  
**dont Google (recherche de/pour) "Opuntia ficus-indica" :** [pages](#), [images](#) | **"Figuier de barbarie" :** [pages](#) ;  
**dont livres et bases de données :** "FOOD PLANTS INTERNATIONAL" (en anglais) ;  
**dont biographie/références de "FOOD PLANTS INTERNATIONAL" :**  
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the Mediterranean. A & C Black London. p 149 (As *Opuntia compressa*) ; Bodkin, F., 1991, *Encyclopedia Botanica*. Cornstalk publishing, p 744 ; Brickell, C. (Ed.), 1999, *The Royal Horticultural Society A-Z Encyclopedia of Garden Plants*. Convent Garden Books. p 725 ; Brickell, C. (Ed.), 1999, *The Royal Horticultural Society A-Z Encyclopedia of Garden Plants*. Convent Garden Books. p 725 (As *Opuntia compressa*) ; Creasey, R., 2000, *Edible Mexican Garden*. Periplus p 51 (As *Opuntia compressa*) ; Creasey, R., 2000, *Edible Mexican Garden*. Periplus p 51 ; Cundall, P., (ed.), 2004, *Gardening Australia: flora: the gardener's bible*. ABC Books. p 954 ; Darley, J.J., 1993, *Know and Enjoy Tropical Fruit*. P & S Publishers. p 19 ; Ertug, F., 2004, *Wild Edible Plants of the Bodrum Area*. (Mugla, Turkey). *Turk. J. Bot.* 28 (2004): 161-174 ; Etherington, K., & Imwold, D., (Eds), 2001, *Botanica's Trees & Shrubs*. The illustrated A-Z of over 8500 trees and shrubs. 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