

Mangifera indica L., 1753 (Manguier)

Identifiants : 2151/manind

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))
Dernière modification le 20/09/2020

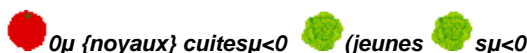
• Classification/taxinomie :

◦ Famille : Anacardiaceae ;

• Synonymes français : mangue {fruit} ;

• Nom(s) anglais et/ou international(aux) : common mango, Indian mango, mango, mangoe , amba (ar translittéré), Mango (de), mangopflauenbaum (de), Mangobaum (de), Mangopalme (de), manga (pt), mango (pt), mangueira (pt), manga (es), mango (es), manguey (es), mango (sv), amba (si), am (hi), Mangoboom (nl), mango (it) ;

• Rusticité (résistance face au froid/gel) : 0°C et jusqu'à -2,5 à -3,5°C d'après plantogram (et probablement selon les variétés) ;



• Note perso : *****

• Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) : Fruitμ0(+x)μ (fruitsμ0(+x),27(+x)μ mûrs {crusμ0(+x),27(+x)μ ou cuits} [nourriture/aliment et base boissons/breuvages et/ou assaisonnementμ0(+x)μ] ; fruits immaturesμ0(+x)μ [nourriture/aliment et/ou assaisonnementμ0(+x)μ] ; et grainesμ0(+x),27(+x)μ {noyaux} cuites {bouillies ou rôties/grilléesμ0(+x),27(+x)μ [nourriture/aliment de famineμ0(+x)μ] {pseudo-céréale secondaireμ0(+x)μ : farineμ0(+x)μ}} et feuille (jeunes feuilles {crues ou cuites}μ0(+x)μ [nourriture/alimentμ0(+x)μ] comestiblesμ0(+x),27(+x)μ.(1*) ;

Partie(s) comestible(s)μ0(+x),27(+x)μ : fruit, graines, noix, feuilles, légumesμ0(+x)μ.

Utilisation(s)/usage(s) comestible(s)μ0(+x)μ :

-les fruitsμ0(+x),27(+x)μ mûrs sont consommésμ0(+x),27(+x)μ crusμ0(+x),27(+x)μ ou en préparations très diversesμ0(+x)μ ;

-fruits immatures picklés ; l'Amchur, fait à partir du fruit vert séché, est utilisé dans les currys, les marinades et chutneysμ0(+x)μ.

-grainesμ0(+x),27(+x)μ {noyaux} comestibles μ0(+x),27(+x)μ cuites (bouillies ou rôties/grilléesμ0(+x),27(+x)μ) et/ou trempées (dans de l'eau ? (qp*)) pour enlever l'amertume ; elles sont transformées en farine par broyage en poudre et utilisées en Inde comme aliment de famine

-les jeunes feuilles peuvent être consommées crues ou cuitesμ0(+x)μ (ex. : comme potherbeμ0(+x)μ).(1*) ;



Précautions à prendre :

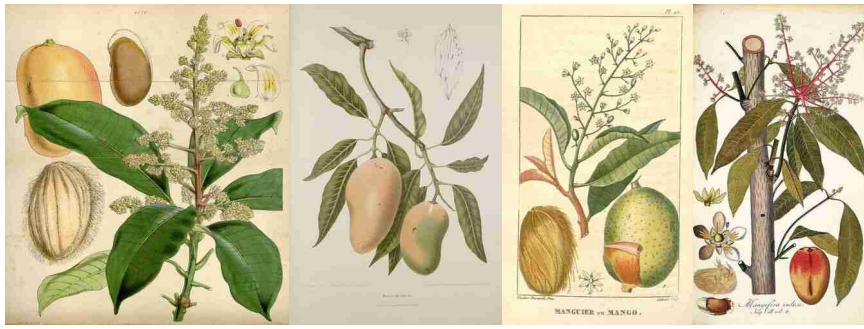
(1*)ATTENTIONμ0(+x)μ : la sève de l'arbre ou des fruits peut provoquer des problèmes cutanés chez certaines personnesμ<0(+x)μ.

• Autres infos : Plante très cultivée sous les tropiques ; nombreux cultivarsμ<27(+x)μ. ;

• Catégories : pcg ;

• Nombre de graines au gramme : 0,07 ;

• Illustration(s) (photographie(s) et/ou dessin(s)):



De gauche à droite :

Par Nooten B.H. van (*Fleurs, fruits et feuillages choisis de l'île de Java: peints d'après nature*, t. 31 ; 1880) [B. Hoola van Nooten], via plantillustrations.org

Curtis's *Botanical Magazine* (vol. 76 [ser. 3, vol. 6]: t. 4510 ; 1850) [W.H. Fitch], via plantillustrations.org

Par Descourtilz M.E. (*Flore médicale des Antilles*, vol. 1: t. 25 ; 1821) [J.T. Descourtilz], via plantillustrations.org

Par Jacquin N.J. von (*Icones plantarum rariorum*, vol. 2: t. 337 ; 1786-1793), via plantillustrations.org

• Liens, sources et/ou références :

- **Wikipedia** :
- [https://fr.wikipedia.org/wiki/Manguier_\(en_français\)](https://fr.wikipedia.org/wiki/Manguier_(en_français)) ;
- "Top Tropicals : mango varieties" (en anglais) :
https://toptropicals.com/html/toptropicals/articles/fruit/varieties_mango.htm ;
- "Tropica Mango Rare & Exotic Tropical Fruit trees" (en anglais) : <https://www.tropicamango.com/mangos.html> ;
- "World Agroforestry Centre" (en anglais) :
<https://www.worldagroforestrycentre.org/sea/Products/AFDbases/af/asp/SpeciesInfo.asp?SpID=1112> ;
- *Fruits of Warm Climates* (livre en anglais, pages 221 à 239, par Julia F. Morton), via *Purdue Agriculture (NewCROP)* :
https://www.hort.purdue.edu/newcrop/morton/mango_ars.html ;
- CRFG ("California Rare Fruit Growers", en anglais) : <https://www.crfg.org/pubs/ff/mango.html> ;
- **Wikipedia** : *Mangue* : <https://fr.wikipedia.org/wiki/Mangue> ;
- **PASSEPORTSANTÉ.NET** :
https://www.passeportsante.net/fr/Nutrition/EncyclopedieAliments/Fiche.aspx?doc=mangue_nu ;
- **PLANTES ET MEDECINE (phytomania.com)** : <https://www.phytomania.com/manguier.htm> ;
- *Recettes.de* : *Les Recettes de Mangue* : <https://recettes.de/mangue> ;
- *Jardin! L'Encyclopédie* : https://nature.jardin.free.fr/arbre/nmauric_Mangifera_indica.html ;
- *auJardin.info* : *Planter un manguier* : <https://www.aujardin.info/fiches/planter-manguier.php> ;
- *gerbeaud.com* : *Manger une mangue et la faire germer* : <https://www.gerbeaud.com/jardin/fiches/mangue-faire-germer.php> ;
- **PALMARIS** : <https://www.palmaris.org/html/mangindi.htm> ;

dont classification :

- "The Plant List" (en anglais) ;
- "GRIN" (en anglais) ;
- **INPI** (recherche, en anglais) ;

dont Google (recherche de/pour) "Mangifera indica" : [pages](#), [images](#) | "Manguier" : [pages](#) ;

dont livres et bases de données : 0"FOOD PLANTS INTERNATIONAL" (en anglais), 27Dictionnaire des plantes comestibles (livre, page 187, par Louis Bubenicek) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

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References
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References in bold print mention edibility
Mango, Common names
Mangifera indica
Scientific name