

Garcinia livingstonei T. Anderson, 1867 (Imbe)

Identifiants : 1680/garliv

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))
Dernière modification le 21/09/2020

- Classification/taxinomie :
 - Famille : Clusiaceae ;
- Synonymes français : mangoustan d'Afrique ou africain ;
- Nom(s) anglais et/ou international(aux) : African mangosteen ;
- Rusticité (résistance face au froid/gel) : 0,8 ;



0μ (pulpe/chairμ<~0,<~27

- Note : ***
- Rapport de consommation et comestibilité/comestibilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) : Fruitμ0(+x)μ (fruitsμ27(+x)μ {pulpe/chairμ{{{dp*}μ} fraisμ0(+x)μ [nourriture/aliment ou baseμ{{{dp*}μ} boissonsμ0(+x)μ/breuvagesμ(dp*)μ alcoolisé(e)sμ0(+x)μ {vinμ27(+x)μ} : crusμ(dp*)μ ou cuitsμ{{{0(+x)μ}] comestibleμ0(+x)μ. ;

Fruits consommés localement ; le fruit peut être consommé frais ; ils sont également cuisinés avec du porridge (bouillie) ou utilisés en crèmes glacées, confitures et boissons ou encore pour fabriquer une boisson alcooliséeμ{{{0(+x)μ} (vinμ27(+x)μ) ; il développe une couleur pourpre (attention : l'alcool est une cause de cancer)μ{{{0(+x)μ}.



Précautions à prendre :

néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):

Par I likE plants!, via flickr

- Liens, sources et/ou références :

dont classification :

- ["The Plant List" \(en anglais\)](#) ;
- ["GRIN" \(en anglais\)](#) ;
- [INPI \(recherche en anglais\)](#) ;

dont Google (recherche de/pour) "Garcinia livingstonei" : [pages](#), [images](#) | "Imbe" : [pages](#) ;

dont livres et bases de données : 0"FOOD PLANTS INTERNATIONAL" (en anglais), 27Dictionnaire des plantes

comestibles (livre, page 144, par Louis Bubenicek) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 230 ; Asfaw, Z. and Tadesse, M., 2001, *Prospects for Sustainable Use and Development of Wild Food Plants in Ethiopia*. *Economic Botany*, Vol. 55, No. 1, pp. 47-62 ; Barwick, M., 2004, *Tropical and Subtropical Trees. A Worldwide Encyclopedic Guide*. Thames and Hudson p 195 ; Burkill, H. M., 1985, *The useful plants of west tropical Africa*, Vol. 2. Kew. ; Burkill, I.H., 1966, *A Dictionary of the Economic Products of the Malay Peninsula*. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 1 (A-H) p 1069 ; Cundall, P., (ed.), 2004, *Gardening Australia: flora: the gardener's bible*. ABC Books. p 624 ; Dale, I. R. and Greenway, P. J., 1961, *Kenya Trees and Shrubs*. Nairobi. p 231 ; Darley, J.J., 1993, *Know and Enjoy Tropical Fruit*. P & S Publishers. p 45 ; Etherington, K., & Imwold, D., (Eds), 2001, *Botanica's Trees & Shrubs. The illustrated A-Z of over 8500 trees and shrubs*. Random House, Australia. p 338 ; Facciola, S., 1998, *Cornucopia 2: a Source Book of Edible Plants*. Kampong Publications, p 79 ; FAO, 1988, *Traditional Food Plants*, FAO Food and Nutrition Paper 42. FAO Rome p 298 ; Fowler, D. G., 2007, *Zambian Plants: Their Vernacular Names and Uses*. Kew. p 18 ; Grivetti, L. E., 1980, *Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa, Report to the Department of State Agency for International Development*. p 44, 47, 72 ; Hedrick, U.P., 1919, (Ed.), *Sturtevant's edible plants of the world*. p 324 ; Jardin, C., 1970, *List of Foods Used In Africa*, FAO Nutrition Information Document Series No 2.p 139 ; J. Linn. Soc., Bot. 9:263. 1867 ; John, L., & Stevenson, V., 1979, *The Complete Book of Fruit*. Angus & Robertson p 187 ; Johns, T., Mhoro, E. B. and Sanaya, P., 1996, *Food Plants and Masticants of the Batemi of Ngorongoro District, Tanzania*. *Economic Botany*, Vol. 50, No. 1, pp. 115-121 ; Keay, R.W.J., 1989, *Trees of Nigeria*. Clarendon Press, Oxford. p 108 ; Kiple, K.F. & Ornelas, K.C., (eds), 2000, *The Cambridge World History of Food*. CUP p 1789 ; Long, C., 2005, *Swaziland's Flora - siSwati names and Uses* <http://www.sntc.org.sz/flora/> ; Lorenzi, H., Bacher, L., Lacerda, M. & Sartori, S., 2006, *Brazilian Fruits & Cultivated Exotics*. Sao Paulo, Instituto Plantarum de Estuados da Flora Ltda. p 377 ; Lovett, J. C. et al, *Field Guide to the Moist Forest Trees of Tanzania*. p 66 ; Lulekal, E., et al, 2011, *Wild edible plants in Ethiopia: a review on their potential to combat food insecurity*. *Afrika Focus - Vol. 24, No 2*. pp 71-121 ; Lyle, S., 2006, *Discovering fruit and nuts*. Land Links. p 218 ; Mannheimer, C. A. & Curtis. B.A. (eds), 2009, *Le Roux and Muller's Field Guide to the Trees and Shrubs of Namibia*. Windhoek: Macmillan Education Namibia. p 344 ; Martin, F. W., et al, 1987, *Perennial Edible Fruits of the Tropics*. USDA Handbook 642 p 29 ; Maundu, P. et al, 1999, *Traditional Food Plants of Kenya*. National Museum of Kenya. 288p ; Mbuya, L.P., Msanga, H.P., Ruffo, C.K., Birnie, A & Tengnas, B., 1994, *Useful Trees and Shrubs for Tanzania*. Regional Soil Conservation Unit. Technical Handbook No 6. p 280 ; Palgrave, K.C., 1996, *Trees of Southern Africa*. Struik Publishers. p 614 ; Palmer, E and Pitman, N., 1972, *Trees of Southern Africa*. Vol. 3. A.A. Balkema, Cape Town p 1515 ; Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, *Edible Wild plants of Sub-saharan Africa*. Kew. p 84 ; Plowes, N. J. & Taylor, F. W., 1997, *The Processing of Indigenous Fruits and other Wildfoods of Southern Africa*. in Smartt, L. & Haq. (Eds) *Domestication, Production and Utilization of New Crops*. 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[Online Database] National Germplasm Resources Laboratory, Beltsville, Maryland. Available: www.ars-grin.gov/cgi-bin/npgs/html/econ.pl (10 April 2000) ; van Wyk, B, van Wyk, P, and van Wyk B., 2000, *Photographic guide to Trees of Southern Africa*. Briza. p 10, 161 ; van Wyk, B., 2005, *Food Plants of the World. An illustrated guide*. Timber press. p 199 ; van Wyk, Be., & Gericke, N., 2007, *People's plants. A Guide to Useful Plants of Southern Africa*. Briza. p 42 ; Venter, F & J., 2009, *Making the most of Indigenous Trees*. Briza. p 176 ; White, F., Dowsett-Lemaire, F. and Chapman, J. D., 2001, *Evergreen Forest Flora of Malawi*. Kew. p 281 ; www.zimbabweflora.co.zw 2011