

Ficus virens Aiton, 1789

Identifiants : 1634/ficvir

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))

Dernière modification le 22/09/2020

- **Classification/taxinomie :**

- **Famille :** Moraceae ;

- **Nom(s) anglais et/ou international(aux) :** white fig, banyan, deciduous fig ;



- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :** Fruit $\mu_{0(+)}\mu$ (fruits $\mu_{0(+)}\mu$ {chair/pulpe, peau et graines $\mu_{\{\{(dp^*)\}\mu}$ } et feuille (jeunes $\mu_{(dp^*)}\mu$ feuilles $\mu_{0(+)}\mu$) comestible $\mu_{0(+)}\mu$. ;

Les fruits sont consommés $\mu_{\{\{0(+)\}\mu}$. La peau et les graines des fruits sont-elles bien comestibles et consommables ? (qp*).
Jeunes feuilles cuites (ex. : comme potherbe) ? (qp*). ;



Précautions à prendre :

néant, inconnus ou indéterminés.

- **Illustration(s) (photographie(s) et/ou dessin(s)):**

De gauche à droite :

Annals of the Royal Botanic Garden, Calcutta (vol. 1: t. 60, 1888) [G.C. Das], via [plantillustrations.org](#)

Par Tony Rodd, via [flickr](#)

Par wiccked, via [flickr](#)

- **Liens, sources et/ou références :**

dont classification :

- ["The Plant List" \(en anglais\)](#) ;

- ["GRIN" \(en anglais\)](#) ;
- [INPI \(recherche. en anglais\)](#) ;

dont Google (recherche de/pour) "*Ficus virens*" : [pages](#), [images](#) ;

dont livres et bases de données : 0"FOOD PLANTS INTERNATIONAL" (en anglais) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

Abdel-Hameed, E. S., 2009, Total phenolic contents and free radical scavenging activity of certain Egyptian *Ficus* species leaf samples. *Food Chemistry* 114: 1271-1277 ; Anderson, E. F., 1993, *Plants and people of the Golden Triangle*. Dioscorides Press. p 211 ; Brock, J., 1993, *Native Plants of Northern Australia*, Reed. p 190 ; Cooper, W. and Cooper, W., 2004, *Fruits of the Australian Tropical Rainforest*. Nokomis Editions, Victoria, Australia. p 328 ; Cowie, I., 2006, A Survey of Flora and vegetation of the proposed Jaco-Tutuala-Lore National Park. Timor-Lests (East Timor) www.territorystories.nt.gov.au p 51 ; Cundall, P., (ed.), 2004, *Gardening Australia: flora: the gardener's bible*. ABC Books. p 604 ; Elliot, W.R., & Jones, D.L., 1992, *Encyclopedia of Australian Plants suitable for cultivation*. Vol 4. Lothian. p 292 (Drawing) ; Etherington, K., & Imwold, D., (Eds), 2001, *Botanica's Trees & Shrubs. The illustrated A-Z of over 8500 trees and shrubs*. Random House, Australia. p 329 ; *Flora of Australia, Volume 3, Hamamelidales to Casuarinales*, Australian Government Publishing Service, Canberra (1989) p 33, 34 ; *Flora of China*. ; *Flora of Pakistan*. www.eFloras.org ; French, B.R., 2010, *Food Plants of Solomon Islands. A Compendium*. Food Plants International Inc. p 85 ; GUPTA, (As *Ficus infectoria*) ; Hearne, D.A., & Rance, S.J., 1975, *Trees for Darwin and Northern Australia*. AGPS, Canberra p 71, Pl 17 ; Hibbert, M., 2002, *The Aussie Plant Finder 2002, Florilegium*. p 102 ; *Hort. kew.* 3:451. 1789 ; Jackes, B.R., 2001, *Plants of the Tropics. Rainforest to Heath. An Identification Guide*. James Cook University. p 67 ; Jones D, L., 1986, *Ornamental Rainforest Plants in Australia*, Reed Books, p 221 ; Kenneally, K.E., Edinger, D. C., and Willing T., 1996, *Broome and Beyond, Plants and People of the Dampier Peninsula, Kimberley, Western Australia*. Department of Conservation and Land Management. p 139 ; Krishen P., 2006, *Trees of Delhi, A Field Guide*. DK Books. p 100 ; Lazarides, M. & Hince, B., 1993, *Handbook of Economic Plants of Australia*, CSIRO. p 114 ; Levitt, D., 1981, *Plants and people. Aboriginal uses of plants on Groote Eylandt*. Australian Institute of Aboriginal Studies, Canberra. p 104 ; Lord, E.E., & Willis, J.H., 1999, *Shrubs and Trees for Australian gardens*. Lothian. p 16 ; Low, T., 1991, *Wild Food Plants of Australia*. Australian Nature FieldGuide, Angus & Robertson. p 80 ; Martin, F.W. & Ruberte, R.M., 1979, *Edible Leaves of the Tropics*. Antillian College Press, Mayaguez, Puerto Rico. p 206 (As *Ficus infectoria*) ; Nicholson, N & H., 1994, *Australian Rainforest Plants 4, Terania Rainforest Publishing*. NSW. p 35 ; Paczkowska, G. & Chapman, A.R., 2000, *The Western Australian Flora. A Descriptive Catalogue*. Western Australian Herbarium. p 332 ; Sharma, B.D., & Lakshminarasimhan, P., 1986, *Ethnobotanical Studies on the Tribals of Nasik District (Maharashtra)*. *J. Econ. Tax. Bot.* Vol. 8 No. 2 pp 439-446 ; Smith, N and Wightman, G.M., 1990, *Ethnobotanical Notes from Belyuen Northern Territory Australia*. Northern Territory Botanical Bulletin No 10. Parks and Wildlife Commission of the Northern Territory. p 14, 15. ; Staples, G.W. and Herbst, D.R., 2005, *A tropical Garden Flora*. Bishop Museum Press, Honolulu, Hawaii. p 411 ; Swaminathan, M.S., and Kochnar, S.L., 2007, *An Atlas of major Flowering Trees in India*. Macmillan. p 262 ; Terra, G.J.A., 1973, *Tropical Vegetables*. Communication 54e Royal Tropical Institute, Amsterdam, p 46 (As *Ficus infectoria*) ; Townsend, K., 1994, *Across the Top. Gardening with Australian Plants in the tropics*. Society for Growing Australian Plants, Townsville Branch Inc. p 215 ; Valder, P., 1999, *The Garden Plants of China*. *Florilegium*. p 286 ; Wheeler, J.R.(ed.), 1992, *Flora of the Kimberley Region*. CALM, Western Australian Herbarium, p 83 ; Wightman, G. M. & Andrews, M.R., 1989, *Plants of Northern Territory Monsoon Vine Forests (Vol 1)*. Conservation Commission of Northern Territory. p 44 ; Williams, J.B., Harden, G.J., and McDonald, W.J.F., 1984, *Trees and shrubs in rainforests of New South Wales and Southern Queensland*. Univ. of New England, Armidale. p 66 ; Williams, K.A.W., 1999, *Native Plants of Queensland Volume 4*. Keith A.W. Williams North Ipswich, Australia. p 196 ; Yunupinu Banjgul, Laklak Yunupinu-Marika, et al. 1995, *Rirratjinu Ethnobotany: Aboriginal Plant Use from Yirrkala, Arnhem Land, Australia*. Northern Territory Botanical Bulletin No 21. Parks and Wildlife Commission of the Northern Territory. p 42.