

Cucurbita maxima Duchesne, 1786 (Potiron)

Identifiants : 1275/cucmax

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))
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• Classification/taxinomie :

◦ Famille : Cucurbitaceae ;

- Synonymes français : courge, courge géante, grosse courge, courge commune [Cucurbita maxima et subsp. maxima], courge d'hiver, grosse courge, courge-potiron, giraumon [Cucurbita maxima, subsp. maxima et Groupe Turban], potimarron [subsp. maxima et Groupe Hubbard], courge-giraumon [subsp. maxima et Groupe Turban], pâtisson [subsp. maxima] ? (qp*), potiron [subsp. maxima], buttercup [subsp. maxima], hubbard [Groupe Hubbard], courge de Chine [Groupe Hubbard], pain du pauvre [Groupe Hubbard], courge d'Hokkaido [Groupe Hubbard], potiron doux d'Hokkaido [Groupe Hubbard], citrouille iroquoise [Groupe Turban], courge à turban [Groupe Turban], courge turban [Groupe Turban], courge giraumon [Groupe Turban], giraumon turban [Groupe Turban], bonnet turc [Groupe Turban], bonnet de turc [Groupe Turban], potiron turban [Groupe Turban], turban turc [Groupe Turban], turban [Groupe Turban] ;
- Nom(s) anglais et/ou international(aux) : pumpkin, winter squash, Japanese squash, sweet-fleshed pumpkin, sweet-fleshed squash, giant pumpkin, banana squash [subsp. maxima], buttercup squash [subsp. maxima], giant pumpkin [subsp. maxima], great pumpkin, Hubbard squash [subsp. maxima], red gourd, squash, turban squash [subsp. maxima], winter squash [subsp. maxima], sun gua (cn transcrit), Reisen-Kürbis (de), Riesenkürbis [subsp. maxima] (de), Speise-Kürbis (de), zucca (it), abóbora-moranga [subsp. maxima] (pt), calabaza amarilla [subsp. maxima] (es), zapallito amargo [subsp. andreana] (es), zapallo [subsp. maxima] (es), loche [subsp. maxima] (es,pe), jättepumpa (sv), halva kaddu (ur,pk), mitha kaddu (ur,pk) ;



μ, graines : huileμ<27 μ -0μ 0μ

• Note : *****

• Note perso : *****

- Rapport de consommation et comestibilité/comestibilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) : Fruit (fruitsμ0(+x),27(+x)μ [nourriture/alimentμ{{{(dp*)μ, feuille (feuillesμ0(+x)μ) et fleur (fleursμ0(+x)μ) comestiblesμ0(+x)μ. ;

Graines consommées par les natifs. Plante largement cultivée comme potagère ; nombreux cultivarsμ{{{(27(+x)μ, répartis en plusieurs groupes et variétés (potirons, potimarrons, giraumons, hubbards, buttercup...)μ{{{(dp*)μ. Légumeμ0(+x)μ. Feuilles cuites comme potherbe, brèdeμ{{{(dp*)μ. ;



Précautions à prendre :

néant, inconnus ou indéterminés.

• Catégories : pcg ;

• Illustration(s) (photographie(s) et/ou dessin(s)):

• Liens, sources et/ou références :

- ["Plants For a Future" \(en anglais\)](#) et sa traduction [Plantes d'Avenir](#) ;
- **Wikipedia** :
 - [https://fr.wikipedia.org/wiki/Potiron_\(en_français\)](https://fr.wikipedia.org/wiki/Potiron_(en_français)) ;
 - https://en.wikipedia.org/wiki/Cucurbita_maxima (source en anglais) ;
- **Le monde des cucurbitacées** : <https://cucurbitophile.fr/esp/034/esp.php> ;
- **PASSEPORTSANTÉ.NET** : https://www.passeportsante.net/fr/Nutrition/EncyclopedieAliments/Fiche.aspx?doc=courge_nu ;
- **Tela Botanica** : <https://www.tela-botanica.org/bdtfx-nn-20230> ;
- **PROTA4U** : <https://www.prota4u.org/protav8.asp?fr=1&h=M4&t=citrullus&p=Cucurbita+maxima> ;

dont classification :

- ["The Plant List" \(en anglais\)](#) ;
- ["GRIN" \(en anglais\)](#) ;
- [INPI \(recherche en anglais\)](#) ;
- [MMPND \(en anglais\)](#) ;

dont Google (recherche de/pour) "*Cucurbita maxima*" : [pages](#), [images](#) | "*Potiron*" : [pages](#) ;

dont livres et bases de données : 0"FOOD PLANTS INTERNATIONAL" (en anglais), 27Dictionnaire des plantes comestibles (livre, page 107, par Louis Bubenicek) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

Achigan-Dako, E, et al (Eds), 2009, *Catalogue of Traditional Vegetables in Benin*. International Foundation for Science. ; Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 149 ; Anderson, E. F., 1993, *Plants and people of the Golden Triangle*. Dioscorides Press. p 208 ; Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodp*", 1999, *500 popular vegetables, herbs, fruits and nuts for Australian Gardeners*. Random House p 58 ; Chigumira Ngwerume, F. & Grubben, G.J.H., 2004. *Cucurbita maxima* Duchesne. [Internet] Record from Protabase. Grubben, G.J.H. & Denton, O.A. (Editors). PROTA (Plant Resources of Tropical Africa), Wageningen, Netherlands. < <http://database.prota.org/search.htm>>. Accessed 15 October 2009. ; Cogley, L.S. (rev. Steele, W.M.) 2nd Ed., 1976, *An Introduction to the Botany of Tropical Crops*. Longmans. p 134 ; Cundall, P., (ed.), 2004, *Gardening Australia: flora: the gardener's bible*. ABC Books. p 441 ; Epenhuijsen C.W. van., 1974, *Growing Native vegetables in Nigeria*. FAO Rome, p 63 ; Essai sur l'Histoire Naturelle des Courges 7. 1786 Aug-Sep? (J. B. A. P. M. de Lamarck, *Encycl. 2*:151. 1786 Oct) ; Facciola, S., 1998, *Cornucopia 2: a Source Book of Edible Plants*. Kampong Publications, p 86 ; French, B.R., 1986, *Food Plants of Papua New Guinea, A Compendium*. Asia Pacific Science Foundation p 102 ; French, B.R., 2010, *Food Plants of Solomon Islands. A Compendium*. Food Plants International Inc. p 133 ; Grubben, G. J. H. and Denton, O. A. (eds), 2004, *Plant Resources of Tropical Africa 2. Vegetables*. PROTA, Wageningen, Netherlands. p 263 ; Hadfield, J., 2001, *The A-Z of Vegetable Gardening in South Africa*. Struik p 119 ; Hedrick, U.P., 1919, (Ed.), *Sturtevant's edible plants of the world*. p 235 ; Hernandez Bermejo, J.E., and Leon, J. (Eds.), 1994, *Neglected Crops. 1492 from a different perspective*. FAO Plant Production and Protection Series No 26. FAO, Rome. p18 ; Hussey, B.M.J., Keighery, G.J., Cousens, R.D., Dodd, J., Lloyd, S.G., 1997, *Western Weeds. A guide to the weeds of Western Australia*. Plant Protection Society of Western Australia. p 140 ; Hu, Shiu-ying, 2005, *Food Plants of China*. The Chinese University Press. p 702 ; Jardin, C., 1970, *List of Foods Used In Africa*, FAO Nutrition Information Document Series No 2.p 72 ; Kays, S. J., and Dias, J. C. S., 1995, *Common Names of Commercially Cultivated Vegetables of the World in 15 languages*. Economic Botany, Vol. 49, No. 2, pp. 115-152 ; Larkcom, J., 1991, *Oriental Vegetables*, John Murray, London, p 89 ; Lazarides, M. & Hince, B., 1993, *Handbook of Economic Plants of Australia*, CSIRO. p 70 ; Macmillan, H.F. (Revised Barlow, H.S., et al) 1991, *Tropical Planting and Gardening*. Sixth edition. Malayan Nature Society. Kuala Lumpur. p 334 ; Manandhar, N.P., 2002, *Plants and People of Nepal*. Timber Press. Portland, Oregon. p 179 ; Martin, F.W. & Ruberte, R.M., 1979, *Edible Leaves of the Tropics*. Antillian College Press, Mayaguez, Puerto Rico. p 46, 189 ; Molla, A., *Ethiopian Plant Names*. <http://www.ethiopic.com/aplants.htm> ; Nee, M., 1990, *The Domestication of Cucurbita (Cucurbitaceae)*. Economic Botany, Vol. 44, No. 3, Supplement: *New Perspectives on the Origin and Evolution of New World Domesticated Plants*. pp. 56-68 ; Norrington, L., & Campbell, C., 2001, *Tropical Food Gardens*. Blooming Books. p 47 ; Omawale, 1973, *Guyana's edible plants*. Guyana University, Georgetown p 102 ; Peekel, P.G., 1984, (Translation E.E.Henty), *Flora of the Bismarck Archipelago for Naturalists*, Division of Botany, Lae, PNG. p 549 ; Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, *Edible Wild plants of Sub-saharan Africa*. Kew. p 101 ; Pham-Hoang Ho, 1999, *An Illustrated Flora of Vietnam*. Nha Xuat Ban Tre. p 570 ; Phon, P., 2000, *Plants used in Cambodia*. © Pauline Dy Phon, Phnom Penh, Cambodia. p 183 ; *Plants for a Future, The Field*, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. <http://www.scs.leeds.ac.uk/pfaf/> ; *Plants of Haiti* Smithsonian Institute [http://botany.si.edu/antilles/West Indies](http://botany.si.edu/antilles/West%20Indies) ; Polunin, O., & Stainton, A., 2006, *Flowers of the Himalaya*, Oxford India Paperbacks. p 151 ; Purseglove, J.W., 1968, *Tropical Crops Dicotyledons*, Longmans. p 119 ; Royal Botanic Gardens, Kew (1999). *Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database*. Published on the Internet; <http://www.rbgekew.org.uk/ceb/sepasal/internet> [Accessed 16th April 2011] ; Schneider, E., 2001, *Vegetables from Amaranth to Zucchini: The essential reference*. HarperCollins. p 600 ; Staples, G.W. and Herbst,

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