

Corchorus olitorius L., 1753 (Corète potagère)

Identifiants : 1167/coroli

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))
Dernière modification le 19/09/2020

- Classification/taxinomie :
 - Famille : Malvaceae ;
- Synonymes français : corète, mauve potagère, mauve des Juifs, mélonkie, corette potagère ;
- Nom(s) anglais et/ou international(aux) : jute, bush okra , kolbesch (eg) ;



- Note : ****
- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) : Feuille (feuilles $\mu_{0(+x),27(+x)\mu}$ [nourriture/aliment $\mu_{\{\{(dp^*)\mu} : légume\mu_{0(+x),27(+x)\mu}$] et fruit (graines $\mu_{0(+x)\mu}$) comestibles $\mu_{0(+x)\mu}$;
Feuilles consommées en Afrique et en France comme légume $\mu_{\{\{(27(+x)\mu}$ (ex. : potherbe $\mu_{\{\{(dp^)\mu}$). Plante à fibre de grande importance. L'utilisation alimentaire est très ancienne ; aujourd'hui on peut citer le plat national égyptien : la "molokhia" à base de cette plante $\mu_{\{\{(27(+x)\mu}$;*



Précautions à prendre :

néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):

De gauche à droite :

Curtis's Botanical Magazine (vol. 55 [ser. 2, vol. 2]: t. 2810, 1828) [W.J.H.], via [plantillustrations.org](#)
Hortus Romanus juxta Systema Tournefortianum (vol. 4: t. 95, 1783-1816), via [plantillustrations.org](#)

• Liens, sources et/ou références :

dont classification :

- ["The Plant List" \(en anglais\)](#) ;
- ["GRIN" \(en anglais\)](#) ;
- [INPI \(recherche. en anglais\)](#) ;

dont Google (recherche de/pour) "*Corchorus olitorius*" : [pages](#), [images](#) / "*Corète potagère*" : [pages](#) ;

dont livres et bases de données : 0"FOOD PLANTS INTERNATIONAL" (en anglais), 27Dictionnaire des plantes comestibles (livre, pages 96 et 97, par Louis Bubenicek), 76Le Potager d'un curieux - histoire, culture et usages de 250 plantes comestibles peu connues ou inconnues (livre, pages 117 et 118, par A. Paillieux et D. Bois) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

Abbiw, D.K., 1990, *Useful Plants of Ghana. West African uses of wild and cultivated plants. Intermediate Technology Publications and the Royal Botanic Gardens, Kew.* p 42 ; Achigan-Dako, E, et al (Eds), 2009, *Catalogue of Traditional Vegetables in Benin. International Foundation for Science.* ; Altschul, S.V.R., 1973, *Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 2707* ; Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India. CSIR India.* p 140 ; Asfaw, Z. and Tadesse, M., 2001, *Prospects for Sustainable Use and Development of Wild Food Plants in Ethiopia. Economic Botany, Vol. 55, No. 1, pp. 47-62* ; Balemie, K., & Kebebew, F., 2006, *Ethnobotanical study of wild edible plants in Derashe and Kucha Districts, South Ethiopia. Journal of Ethnobiology and Ethnomedicine.* p 4 ; Bandyopadhyay, S. et al, 2009, *Wild edible plants of Koch Bihar district, West Bengal. Natural Products Radiance 8(1) 64-72* ; Bernholt, H. et al, 2009, *Plant species richness and diversity in urban and peri-urban gardens of Niamey, Niger. Agroforestry Systems 77:159-179* ; Bodner, C. C. and Gereau, R. E., 1988, *A Contribution to Bontoc Ethnobotany. Economic Botany, 43(2): 307-369* ; Brown, W.H., 1920, *Wild Food Plants of the Philippines. Bureau of Forestry Bulletin No. 21 Manila.* p 110 ; Burkill, H. M., 1985, *The useful plants of west tropical Africa, Vol. 1. Kew.* ; Burkill, I.H., 1966, *A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia.* Vol 1 (A-H) p 668 ; Busson, 1965 ; Cobley, L.S. (rev. Steele, W.M.) 2nd Ed., 1976, *An Introduction to the Botany of Tropical Crops. Longmans.* p 146, 269 ; Ekman Herbarium records Haiti ; Epenhuijsen C.W. van., 1974, *Growing Native vegetables in Nigeria. 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