

# Cocos nucifera L., 1753 (Cocotier)

Identifiants : 1140/cocnuc

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))  
Dernière modification le 19/09/2020

- **Classification/taxinomie :**
  - **Famille :** Arecaceae ;
- **Synonymes français :** cocotier cultivé ;
- **Nom(s) anglais et/ou international(aux) :** coconut, coconut palm, copra , Kokosnuß (de), Kokospalme (de), khopar (in), coqueiro (pt), coco-da-bahia (pt,br), coco-da-praia (pt,br), coqueiro-da-bahia (pt,br), coqueiro-da-praia (pt,br), cocotero (es), mnazi (sw), kokospalm (sv) ;
- **Rusticité (résistance face au froid/gel) :** 10/4 (zone 10b à 11) et jusqu'à -1/-3 avec de très fortes brûlures de gel selon [awkelleys.com](#) ;



- **Note :** \*\*\*\*\*
- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :** Fruit (graines {chair et lait} crues [nourriture/aliment] et base boissons/brevages) et tronc (coeur) (jeunes pousses) ;

Plante d'importance considérable ; cultivée dans tous les sites favorables du monde ; objet d'un important commerce international. noix, sève, chou, lait de coco, pomme, coeur de palmier ; la noix est également utilisée pour son lait végétal (lait de coco) ;



Précautions à prendre :

néant, inconnus ou indéterminés.

- **Illustration(s) (photographie(s) et/ou dessin(s)):**

Par Koehler F.E. (Medizinal Pflanzen, vol. 3: t. 76, 1890), via [plantillustrations.org](#)

- **Liens, sources et/ou références :**

dont classification :

- ["The Plant List" \(en anglais\)](#) ;
- [INPI \(recherche en anglais\)](#) ;

dont Google (recherche de/pour) "Cocos nucifera" : [pages](#), [images](#) / "Cocotier" : [pages](#) ;

dont livres et bases de données : 0"FOOD PLANTS INTERNATIONAL" (en anglais), 27Dictionnaire des plantes comestibles (livre, page 93 [Coccoloba uvifera (L.) Jacq.], par Louis Bubenicek) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

Abbiw, D.K., 1990, *Useful Plants of Ghana. West African uses of wild and cultivated plants. Intermediate Technology Publications and the Royal Botanic Gardens, Kew.* p 41 ; Ali, A. M. S., 2005, *Homegardens in Smallholder Farming Systems: Examples from Bangladesh. Human Ecology*, Vol. 33, No. 2 pp. 245-270 ; Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India. CSIR India.* p 134 ; Anderson, E. F., 1993, *Plants and people of the Golden Triangle. Dioscorides Press.* p 207 ; Awasthi, A.K., 1991, *Ethnobotanical studies of the Negrito Islanders of Andaman Islands, India - The Great Andamanese. Economic Botany* 45(2) pp274-280 ; Baker, W.J. and Dransfield, J., 2006, *Field Guide to Palms of New Guinea. Kew* p 64 ; Bianchini, F., Corbetta, F., and Pistoia, M., 1975, *Fruits of the Earth. Cassell.* p 230 ; Blomberry, A. & Rodd, T., 1982, *Palms. An informative practical guide. Angus & Robertson.* p 85 ; Bodkin, F., 1991, *Encyclopedia Botanica. 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