

Canavalia ensiformis (L.) DC., 1825 (Fève jack)

Identifiants : 854/canens

Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))
Dernière modification le 28/09/2020

- Classification/taxinomie :
 - Famille : Leguminosae ;
- Synonymes français : haricot Jack ;
- Nom(s) anglais et/ou international(aux) : Jack-bean ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) : Fruit (gousses immatures $\mu \{ \{ 0(+x), 27(+x) \} \mu$ [nourriture/aliment $\mu \{ \{ \{ dp^* \} \} \mu$, feuille $\mu 0(+x) \mu$ et fleur $\mu 0(+x) \mu$ comestibles $\mu 0(+x) \mu$. (1*) ;

Plante cultivée mais essentiellement comme fourrage $\mu \{ \{ 27(+x) \} \mu$. Epice $\mu 0(+x) \mu$, légume $\mu 0(+x) \mu$. Feuilles cuites (ex. : comme potherbe) ? (qp*) ;



Précautions à prendre :

(1*) ATTENTION : les graines mûres sont considérées comme toxiques $\mu < 27(+x) \mu$ à forte(s) dose(s) et/ou sans préparation adéquate $\mu < (dp^*) \mu$.

- Illustration(s) (photographie(s) et/ou dessin(s)):

Par Lígia Prado (domaine public) via Wikimedia Commons

- Liens, sources et/ou références :

dont classification :

- ["The Plant List" \(en anglais\)](#) ;
- [INPI \(recherche en anglais\)](#) ;

dont Google (recherche de/pour) "Canavalia ensiformis" : [pages](#), [images](#) / "Fève jack" : [pages](#) ;

dont livres et bases de données : 0 "FOOD PLANTS INTERNATIONAL" (en anglais), 27 Dictionnaire des plantes comestibles (livre, page 65, par Louis Bubenicek) ;

dont biographie/références de "FOOD PLANTS INTERNATIONAL" :

Jack bean references ; Abbiw, D.K., 1990, *Useful Plants of Ghana. West African uses of wild and cultivated plants. Intermediate Technology Publications and the Royal Botanic Gardens, Kew.* p 31 ; Ambasta S.P. (Ed.), 2000, *The Useful Plants of India. CSIR India.* p 100 ; Anderson, E. F., 1993, *Plants and people of the Golden Triangle. Dioscorides Press.* p 205 ; Bircher, A. G. & Bircher, W. H., 2000, *Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press.* p 79 ; Burkill, I.H., 1966, *A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia.* Vol 1 (A-H) p 437 ; Cobley, L.S. (rev. Steele, W.M.) 2nd Ed., 1976, *An Introduction to the Botany of Tropical Crops. Longmans.* p 102 ; Duke, J.A., 1981, *Handbook of Legumes of World Economic Importance. 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