

***Benincasa hispida* (Thunb.) Cogn., 1881 (Courge à la cire)**

Identifiants : 716/benhis

**Fiche réalisée par Patrick Le Ménahèze ([Le Potager de mes/nos Rêves](#))
Dernière modification le 18/09/2020**

• **Classification/taxinomie :**

- **Ordre :** Cucurbitales ;
- **Famille :** Cucurbitaceae ;
- **Sous-famille :** Cucurbitoidae ;
- **Tribu :** Benincaseae ;
- **Sous-tribu :** Benincasinae ;
- **Sous-genre :** x ;
- **Section :** x ;
- **Nom complet :** ? ;

• **Synonymes :** *Cucurbita hispida* Thunb. 1784 (=) basionym, *Benincasa cerifera* Savi 1818, *Cucurbita cerifera* Fish. (synonyme selon DPC) ;

• **Synonymes français :** gourde chinoise, melon d'hiver, courge blanche, frêne calebasse, courge cireuse, bidao, bénincasa, pastèque de Chine, gourde cendrée, courge cendrée, courge chinoise à la cire, bénincasa cérifère ;

• **Nom(s) anglais et/ou international(aux) :** ash gourd, ash-pumpkin (ash pumpkin), Chinese preserving-melon, Chinese-watermelon, wax gourd, white gourd, white-pumpkin (white pumpkin), winter-melon, winter gourd, dong gua (cn transcrit), jit kua (cn transcrit), mo kuey (cn transcrit), tang kuey (cn transcrit), tse tgwa (cn transcrit), tung kua (cn transcrit), Wachskürbis (de), petha (in), kundur (id), t?gan (jp romaji), donga (ko transcrit), kundor (ms), kundur (ms), abobora-d'agua (pt), calabaza blanca (es), melon blanco (es), vaxpumpa (sv), alu-puhul (si), puchchini (local), pusani-kai (local), vella pusani kai (th), bidao (vi) ;



• **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :** Fruit (fruits μ 0(+x),2(+),27(+x) μ immatures μ 27(+x) μ [nourriture/aliment μ {{{2(+) μ : légume μ 27(+x) μ ; et/ou assaisonnement μ (dp*) μ , feuille μ 0(+x) μ et fleur μ 0(+x) μ comestibles μ 0(+x) μ . ;

Fruits utilisés en Inde, confits dans du vinaigre, comme condiment. Plante cultivée en particulier au Japon μ {{{27(+x) μ . Le Bénincasa cérifère est un aliment délicat, léger, qui, préparé comme le Concombre, lui est, à notre avis, bien préférable. Les auteurs qui en ont parlé avant nous expriment la même opinion μ {{{76(+x) μ . Feuilles cuites (ex. : comme potherbe) ? (qp). ;*



Précautions à prendre :

néant, inconnus ou indéterminés.

• **Petite géo :** Aire d'origine : incertaine2(+x). :: Plus de détails et d'infos (dont zone(s) de culture) : voir GRIN ("2"). ;

• **Catégories principales :** fruit, médecine ;

• **Nombre de graines au gramme :** 28/32 ;

• **Illustration(s) (photographie(s) et/ou dessin(s)):**

• Liens, sources et/ou références :

dont classification :

- ["The Plant List" \(en anglais\)](#) ;
- ²["GRIN" \(en anglais\)](#) ;
- [INPI \(recherche. en anglais\)](#) ;

dont Google (recherche de/pour) "*Benincasa hispida*" : [pages](#), [images](#) | "*Courge à la cire*" : [pages](#) ;

dont livres et bases de données : 0"*FOOD PLANTS INTERNATIONAL*" (en anglais), 27*Dictionnaire des plantes comestibles* (livre, page 48, par Louis Bubenicek), 76*Le Potager d'un curieux - histoire, culture et usages de 250 plantes comestibles peu connues ou inconnues* (livre, pages 53 à 56, par A. Paillieux et D. Bois) ;

dont biographie/références : Bois, Bretschneider, Candolle A. & C. (de), Guénot, Firminger, Genies, Jones, McMillan, Menninger, Mensier, Messiaen, Mueller, Robinson W., Uphof, Usher, Virtual Science Centre, Willis :: Bubenicek, Bates & Robinson R.W., *Economic botany*

dont biographie/références de "*FOOD PLANTS INTERNATIONAL*" :

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Manila. p 359-361 ; Burkill, I.H., 1935, *A Dictionary of the Economic Products of the Malay Peninsula*. p 255 (As *Benincasa cerifera*) ; Chin, H. F., 1999, *Malaysian Vegetables in Colour*. Tropical Press. p 45 & 51 ; Creasy, R., 2000, *The Edible Asian Garden*. Periplus p 57 ; A. L. P. P. de Candolle & A. C. de Candolle, *Monogr. phan.* 3:513. 1881 ; Deshpande, A.A., Bankapur, V.M., & Venkatasubbaiah, K.A., *Studies of Floral Biology of Snake Gourd (Tricosanthes anguina L.) and Ash Gourd (Benincasa hispida Thunb. Cogn.)* ; Facciola, S., 1998, *Cornucopia 2: a Source Book of Edible Plants*. Kampong Publications, p 84 ; *Flora of Australia, Volume 8, Lecythidales to Batales*, Australian Government Publishing Service, Canberra (1982) p 170 ; Foo, J.T.S.(ed), 1996, *A Guide to Common Vegetables*. Singapore Science Foundation. p 50 ; French, B.R., 1986, *Food Plants of Papua New Guinea, A Compendium*. 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